



GREENSHEET



No. 37/16

Church Hill, Walthamstow, London, E17 9RZ

Telephone: 020 8509 9446

Email: info@wsfg.waltham.sch.uk

13th July 2017

Week 'B'

Website: www.wsfg.waltham.sch.uk

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2017 Start:				
Monday 4th				
September				
End:				
Wednesday				
20th December				
Monday 4th				
September				
Staff Inset Day				
Tuesday 5th				
September				
Students return:				
School starts for the new Year 7 at 9.30am .				
School starts for Years 8, 9, 10 and 11 at 1.30pm				

HEADTEACHER'S MESSAGE

Dear Parents and Carers,

Hurrah! So you can now read this message on our new website!

A huge thank you from all of us to Marion Dowling who has compiled the content of the site over a period of months and will also be overseeing it. Please take some time to browse through the area for parents and carers and let us know your thoughts for improvement. You will see that there are still some areas under development but these will be completed by the start of the next academic year. It was lovely to chat to some of our Year 7 parents on Thursday at our Year 7 GREEN celebration- and to hear their very favourable comments.



There is also locked access for parents/carers and you will be given your access codes next term.

Our 'business' continues and I am sure I haven't been able to keep up with it all - although I have tried! Monday was our superb Summer Musical Concert, the last under the stewardship of our outgoing Head of Performing Arts, Michael Burstow. He is relocating back with his family to Devon and will be sorely missed. Our new music teacher, who spent a day with us on Tuesday, is very enthusiastic and passionate about the subject. I will update you on our other staffing changes in September. The soloist, ensemble and orchestral pieces with vocal accompaniment were wonderful. The second half was notable for the noise of our steel pan bands alongside the biggest orchestra I have yet to see at WSFG - led powerfully by Kalila's singing, in a novel interpretation of *Run* by Snow Patrol and *One Day Like This* by Elbow.



This week, all Year 8 students have been on a truly memorable outward bound trip to the Young Mariners' centre in Hertfordshire. Thank you to Ms Famiglietti and Ms Jean Baptise and the Year 8 tutors who have accompanied the trips - and got very wet themselves! I was also privileged to be one of the judges of the Year 8 Public Speaking competition. The speakers spoke so very maturely and confidently to their whole year group on a range of topics, including child brides, the bee crisis, social media, discrimination, cosmetic surgery and mental health. Congratulations to Zia, Eliza, Imaan, Amira, Khadijah and Crystal whose speeches were all so powerful and persuasive, and a special well done to Khadijah 8C who was the overall winner - but it was a very hard decision. Thank you also to Ms Cato and the English team for organising the event.

Other activities this week have included careers educational trips to the City and commercial businesses for Year 9 students, a trip to Wimbledon as a reward for our students who were members of the ball-crew in the Wheelchair Masters event and, for Year 7, our third GREEN event which took place in the grounds in

front of the school and the Lodge, where a wonderful exhibition of the girls' self-portraits and poetry was displayed. Thank you to the volunteers, Ms Abassi and the GREEN Reps, who worked hard to make the event all the more special by organising stalls including a raffle, cakes and refreshments, and henna tattoos to raise money for our partner school in Ambore, Pakistan.

It is with sadness that we wish farewell to a few members of staff next week, many of whom are relocating from the South East. Mr Burstow, as previously mentioned, is heading for Devon; Mr Truan, is relocating to Cornwall, Ms Heath to Yorkshire and Mr Mace will be working at a school in Hertfordshire, nearer to his home. We are also saying farewell to Ms B. Begum in the Science Faculty as well as Ms Hussain and Ms Flanders, who were both with us on temporary contracts which will come to an end. We wish them all the very best for the future. We are looking forward to welcoming returning and new members of staff, who are keen to join the team at WSFG in September.

Best wishes,
Meryl Davies



WSFG Sports Day 2017
Tuesday 18TH July

We will be holding our annual Sports Day on Tuesday 18th July at the Feel Good Centre. The bullet points below explain exactly how our afternoon is run; if any parent or carer would like any further information about the event, please do not hesitate to contact me via the school email or telephone number. Due to safeguarding reasons, we are unable to allow any parent, relative or friend onto the site. A full report of the day's events will follow.

- Lessons 1, 2 and 3 will run as normal.
- Year 7 lunch will be served at **12:25pm** and students will be able to get a hot lunch from the dining hall.
- Years 8 lunchtime will start at **12:35pm**
- Year 9 will be at **12:45pm**
- Year 10 will be at **12:55pm**
- All students should be in their form rooms at **1:20pm** where tutors will take the register.
- Each year group is then escorted to the Feel Good Centre by their form tutor and attached members of staff and leaves school, one year group at a time.
- All students must be in their designated area by **1.50pm** for registration as all track events will start at **2:00pm** prompt.
- Spectators (students and staff) are situated around the edge of the track in a designated area for their form whilst competitors wait in the middle of field. Spectators must not go onto the running track at any time.
- **All students will be dismissed after the final results have been given at 3:30pm.**
- **All students are to make their own way home from the Feel Good Centre.**



MAYOR OF LONDON**Ms Meryl Davies**

Headteacher
Walthamstow School for Girls
Church Hill
Walthamstow
London E17 9RZ

Date: 29 June 2017

Dear Ms Davies,

Invitation to join the Mayor's Schools for Success Programme

I am writing to congratulate Walthamstow School for Girls for achieving great results for the students in your school. Our analysis of DfE data from 2016 has identified your school as exceptional for helping low achieving students do better.

Through my new school recognition programme, I'd now like to give you an award as one of our 2017/18 *Schools for Success*. You really have done brilliant work for these students.

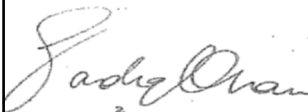
My aim is to recognise primary and secondary schools in London that are helping all their students to be the best they can. I want other schools to learn from your good practice too. That's why I'd like you, through the programme, to share some of the story of your school's success with others.

On Friday 29 September 2017, we're holding a special event at City Hall to celebrate schools like yours. Please join us from 9:30 am-12 noon, to receive your school certificate, and gain recognition for your achievements. Register before the 15 July and find out more on the City Hall website at: www.london.gov.uk/schoolsforsuccess.

Your school has taken a big step forward for young Londoners. By leveling the playing field for all your students, you're helping to reduce educational inequality and improve social mobility.

Finally, I would like to extend my thanks and best wishes to the teachers, support staff and governors at Walthamstow School for Girls. I hope you'll agree to join our programme and help us establish a network of excellent London teaching and leadership practice.

Yours sincerely,



Sadiq Khan
Mayor of London

Information for Parents / Carers and Students

**The final day of the Summer Term is
Wednesday 19th July 2017**

- ALL lessons 1 – 3 are as normal.
- No student will be allowed to remain in school and the gates will be locked at 1.15pm
- There will be a normal break time but no lunchtime offer in the canteen.
- Wednesday 19th June will be a non-uniform day with proceeds going towards the **Grenfell Tower Disaster Fund**
- The cost of wearing non-uniform will be **£1.00** and must be paid **IN ADVANCE** to Form Reps.
- The jewellery rules still apply on this day and lanyards **must** be worn.

**The first day of the Autumn Term for students is
Tuesday 5th September 2017**

- **School starts for the new Year 7 at 9.30am and they will be with their Tutors all day until dismissal at 3.30pm.**
- Year 7 assembly 9.30am Hewett Hall with Headteacher
- Year 7 assembly 3.15pm Norris Hall with Student Progress Leader.
Dismissed from assembly at 3.30pm.
Lunch will be at 12.25pm for Year 7.

School starts for Years 8, 9, 10 and 11 at 1.30pm and they will be with their tutors all afternoon until dismissal at 3.30pm.

- Year 10 assembly 1.35pm Hewett Hall with Headteacher.
- Year 9 assembly 2.00pm Hewett Hall with Headteacher.
- Year 11 assembly 2.30pm Hewett Hall with Headteacher.
- Year 8 assembly 3.00pm Hewett Hall with Headteacher.
- All Students are expected in **FULL** uniform.
- Normal lessons resume Wednesday 6th September
- All Students are expected in **FULL** school uniform and to be in school at the correct time for their Year Group.
The Focus of the Fortnight will be on correct Uniform and Lanyards.
This will be a Week A.

Have a safe and enjoyable holiday!
Ms.K.H.Pratt Assistant Headteacher.

Focus of the Fortnight
3rd – 19th July 2017
Chewing

Dear Parents / Carers,

The Focus of the Fortnight is on Chewing.

All students are clear that chewing gum is a **banned item** and is therefore not allowed in school. If a student is found to be chewing on school premises, she will have her conduct card signed and will get an automatic one hour detention with a member of the Leadership Team.

Please support the school by ensuring your daughter does not bring chewing gum into school and please do not bring chewing gum into school yourself if you are visiting.

Thank you for your, continued support.

Ms. Pratt
Assistant Headteacher



All students are clear that chewing gum is a banned item and must not be brought into school.

Sanctions

If a student is caught chewing in school, she will have her conduct card signed and will get an automatic one hour detention.

Chewing gum is a banned item at WSGF.

Information for Parents/Carers

Dear Parents / Carers,

It has been brought to my attention that a number of students in various Year Groups throughout the school have head lice at the present time. At school we are not entitled to make any head inspections, nor would we wish to, so the responsibility for treating head lice lies with the Parents / Carers.

There is more information contained within this Greensheet. It suggests how to treat the problem if it occurs. If you suspect your daughter has head lice, must be treated systematically and the full instructions on the treatment lotion must be followed until she is completely clear. If some of the eggs remain, she will continue to have lice as they do breed quickly. The lice and eggs may take a number of treatment sessions to eradicate. The recommendation is that the whole family is treated at the same time as head lice are very easily passed on. Recommendations about the best lotions and treatments can be made by your chemist or pharmacist.

If your daughter does have head lice and she is being treated for them, there is no reason to keep her away from school, but it would be useful for you to inform us so that we are aware.

Thank you for your support in this matter.

Ms Pratt
Assistant Headteacher

Diversity workshops review



Year 8 and Year 9 students were lucky to participate in Diversity workshops last week. The aim of those workshops was to give our students an opportunity to engage with issues around sexual orientation and gender identity in a safe and open environment. The key

messages were ones of kindness, respect and equality. In our school we want students to feel free to express themselves and feel valued for their uniqueness.

We listened to LGBT volunteer role models whose powerful stories gave an insight in to the experiences of LGBT people. A Q&A followed which helped develop students' empathy, understanding and acceptance and challenge stereotypes and prejudice. Here are their views:

In my opinion this workshop was extremely informational and emotional in the right ways. The stories were a good addition as it made people feel comfortable with themselves and possibly want to come out and embrace themselves. This was respectful to all groups, both minority and mainstream. Sapphire 8C

The workshop was interesting and interactive. I learnt a lot about how LGBT people are treated outside the school walls and how people need to really get over the fact that some people are LGBT and we need to treat them the same as everyone else. Aoife 8F

I liked how we got personal stories from Toby and it really made me realise that I shall encourage LGBT people to be who they are/come out. Aleena 8C

I really enjoyed this workshop as I feel it educated lots of people, and it made us understand some of the issues LGBT people face. I feel like our class is more understanding after the workshop, and accepting of others. Florence 8F

I think that the workshop was fun and interesting. I got to know more facts about LGBT and learned the stories of LGBT people. I know now that I will be more supportive about LGBT and try to understand as much as I can. Daphne 8S

I found it really interesting and their stories were really inspiring and I also learnt some new things. Thank you Miss. Oluwatunmise 8C

I thought that the lesson was inspiring and an eye-opener to many people. Eva 8C

I found the workshop really eye opening. I loved how open the role models were and how they also weren't afraid to answer questions. Shannai 8H

I think that the workshop helped make LGBT people realise what to expect in the future years. We had words of experience about how people may treat you but also how to overcome it and also feel free. This workshop was really helpful for a lot of people and has changed some people's mind for the better. It has made a difference.

Saffa 8C

I felt like this workshop was very good! As I come from a very religious background it is hard to talk about being "different" but this workshop really made me think about others and their problems and struggles. We should have more workshops like this! It made me very happy.

Melissa 9S

I really enjoyed the workshop. Mary, Bianca and Sukh are such cool people and I really feel like I've understood the journey of coming out from different backgrounds. It was enjoyable and interactive and I felt really safe and embraced all of my differences.

Tenzin 9C

The workshop really helped me to understand how LGBT people feel. It also made me talk confidently with these people. I enjoyed the workshop because in the future, I will try to talk to more LGBT people.

Sumbal 9C

This workshop has given me a clear understanding of my views and sexuality. Thank you.

Charlotte 9C

It was really good and helped us learn more about the LGBT + community and different challenges people face.

Grace 9W

I feel some people will be more accepting of the LGBT community after taking part in the workshop. It was a lovely experience.

Aleeza 9W

I was very proud of how well our students behaved and how respectful and open minded they were.

Ms Desbenoit.
Diversity Coordinator.



The Cambridge Choral Experience

Five students recently had the fantastic opportunity to spend the day at the University of Cambridge. In order to participate, they needed to be members of a choir and be prepared to travel to Cambridge on a Saturday. Other than that, there was no cost. Here is some feedback from the participants:



The Old Divinity School was easy enough to find, and the atmosphere was astonishing. The building, from the outside, was really old but fancy and renovated inside. I really liked it. We were given sheets of music and learnt many new singing techniques as well as meeting great new people. I made a few new friends and the scholars were also very friendly, but just as formal too. The tours were fascinating as I understood the immense grandness and beauty of the buildings while our guide told us about the history of the colleges. After the tours, we had a very interesting and informative talk and Q&A time. I found out a lot more about how to apply and scholarships to do with music. I was always really interested and passionate about Oxbridge and I believe it was a great opportunity and would love to do it again.

Tulin 8S

I really enjoyed the Cambridge Choral Experience. Students came from schools from all over the country to take part, even from Northern Ireland. Some Cambridge students also sang with us and the conductor was really fun and entertaining. We learnt three pieces of music and performed for parents at the end of the day in

St John's College chapel. The acoustics were amazing and it was really great to be inside the music as the whole group performed together.

In the afternoon we also had a tour of some of the colleges. Gonville and Caius College was my favourite because it's really beautiful. Some of the current students also talked to us about the application process and the sort of questions they ask in interview at Cambridge. I was really glad to have had the opportunity to take part.

Robin 8C



If you missed out this year, look out for more opportunities like this in the future. The Universities of Oxford and Cambridge are both committed to encouraging students from state schools to consider Oxbridge. At WSFG we are developing strong links with the Schools Liaison Officers from both universities.

Ms Robinson
Challenge Coordinator



School Uniform September 2017/8

Dear Parents / Carers and Students,

We are very proud of our school uniform at WSFG and we wish to ensure that all students and their families are clear about the high expectations that we have in terms of the standard of dress that is expected for school. The WSFG uniform is very versatile and students have a number of choices of uniform items.

Please ensure that if you are purchasing new items of uniform that they are of the permitted styles. The recommended suppliers stock the correct accepted items of uniform. Any items that are not listed below are not acceptable for school and you will be asked to change the item for one that is within the uniform rules.

Please note carefully the guidelines on shoes and outdoor coats which have been clarified for September 2017. Also please note that your daughter will not be allowed to wear noticeable make-up that is not minimal or discreet. False nails or false eyelashes are also not allowed for school .

If you have any queries or questions about uniform for September 2017, please contact your daughter's Progress Leader.

Thank you

Ms. Pratt

Assistant Headteacher



The compulsory uniform consists of:

Dark, bottle green pleated knee length skirt or trousers in the acceptable school styles below:

- Dark, bottle green religious dress in plain, cotton fabric.

- Strictly no jeans style trousers, tight trousers or leggings are permitted.
- Plain white blouse with shirt collar to be worn by all. Shirts can be long sleeved or short sleeved.
- Plain white vest top can be worn under the school shirt if necessary.
- Dark, bottle green sweater, cardigan or sweatshirt without any logo. No other colours of sweater or cardigan are permitted.
- Plain black, white or bottle green knee socks, ankle socks or tights are to be worn at all times. **Over the knee socks are not permitted.**
- **Plain black low-heeled sensible shoes or boots. Trainers and higher heels are not permitted. Footwear must have black laces and not have pattern, colour or large branded logos.**
- **Plain, black coat or jacket that is suitably waterproof. Denim, leather, faux leather jackets and hoodies are not permitted to be worn to or from school, or in school.**
- Hijabs must be plain white or dark bottle green with no fringe and must be worn pinned securely.
- School blazer with WSFG logo (see above) is **compulsory** for Years 7 and 8. This must be worn at all times. The blazer is **optional** for Years 9 -11.

Uniform Extras:

- Facial coverings are not permitted to be worn in school and if worn to or from school, must be removed once the student enters the school gate.
- Make-up, if worn, must be minimal and discreet. False eyelashes, eye lash extensions, acrylic or other types of nail extensions are not permitted.
- Students are permitted to wear one small stud in each ear (which should be no bigger than the size of a pea) and a wrist watch only. Facial piercings and visible body piercings (including tongue piercings) are not permitted. Any other jewellery items will be confiscated and will only be returned to parents / carers.
- Hair must be of a natural colour and hair of a non-natural colour is not permitted. All hair accessories must be small, discreet and plain.
- Coloured or patterned contact lenses are not permitted.
- The school reserves the right to ask a student who is not in correct uniform to remove non-uniform items or change into uniform items provided by the school for the day.
- The school does not accept any responsibility for the loss or damage of any confiscated items.

Walthamstow School for Girls Uniform 2017/18.

Recommended uniform suppliers

The suppliers listed below know the current uniform and P.E. uniform requirements for the school.

Speedstitch. (School Blazer)

Unit 32, Walthamstow Business Centre, Clifford Road, Walthamstow, E17 4SX.
(0208 531 4800)

www.speedstitch.co.uk / enquiries@speedstitch.co.uk

Fashion Fair, 184 – 186 High Street, Walthamstow

Tel – 020 8503 7048

Wards School Wear, 105 Wood Street, Walthamstow

Tel – 020 8509 3301

Victoria 2, 246 Hoe Street, Walthamstow

Tel – 020 8520 2176



If you are buying new uniform items for September 2017, **ONLY** these styles of skirt and trouser are acceptable as WSFG uniform.

Skirts must be full pleat or half pleat style. Only a longer length will be available.

No other styles are acceptable.



Trousers must be tailored, straight cut leg with a front fastening. Stretch material and tight styles are **NOT** acceptable.

Compulsory Blazer for Year 7 and 8 (must have school badge)
Optional Blazer for Years 9 - 11.

If you are purchasing a **new** blazer, the tailored blazer with embroidered badge can **ONLY** be purchased from Speedstitch.

£25.00 for sizes up to 38" chest / £30.00 for 38" plus.



Lost Property

We have a large amount of lost property.

Please make sure all clothing, including P.E. kit, is clearly labelled so that it can be easily returned

Students are reminded that you can collect lost property at 3.30pm every day. Parents and carers may also collect lost property any day after school.

Any items not collected by the end of term may be disposed of.

Ms Jolliffe
 Student Services





Alumnae News
Open House London 16th September 2017

Open House is a London wide event where buildings are open to the public. The emphasis of the event is architectural. For the third time, our school will participate in this event and open its doors to the general public to showcase its beautiful architecture and history.

It would be great to see more past students and staff at the event, as your memories and stories will be of great interest to the general public and other alumnae.

Guided tours will be available from **10am – 1pm** by members of our Alumnae Committee and volunteer staff and students. Given the success of last year's AGM, we will be hosting the AGM on the same day, 1.30pm arrival for a 2pm start. It will finish no later than 3.30pm.

Whilst it is free to attend, we will be providing light refreshments therefore donations are welcome. We will discuss what we achieved in 2016-17 and what our plans are for 2017-18 and we would love to hear your ideas.

Please RSVP to Lesley Winter (WSFG Alumnae) at the school address no later than **Friday 8 September 2017:**

Email: lwinter@wsfg.waltham.sch.uk

Telephone: 020 8509 9410

It is important that we know in advance the numbers attending for catering purposes. Therefore please confirm your attendance and encourage former school friends and teachers to come along to the Open House and the annual Alumnae AGM.

We look forward to building a stronger alumnae community and supporting the school– let's do it together as fellow ex-students and staff of the school!

Kind regards,

Danielle Ferguson
 WSFG Alumnae Chair

WALTHAM FOREST

Get Together

WALTHAM FOREST, BARBICAN AND CREATE PRESENT

WALTHAMSTOW GARDEN PARTY

LLOYD PARK, FOREST ROAD, E17 5JW

MUSIC • DANCE • CIRCUS • ARTS & CRAFTS • FOOD & DRINK • FAMILY FUN

ON THE BARBICAN MUSIC STAGE

TOOTS & THE MAYTALS • SPECIAL GUESTS
DOUG HREAM BLUNT & THE MESSENGERS
THE HELIOCENTRICS • LA MAMBA NEGRA
JANKA NABAY AND THE BUBU GANG
BNEGÃO & SELETORES DE FREQUÊNCIA
THE SKA VENGERS • DJ KATAPILA

PLUS

BE MAGNIFICENT CRAFT TRAIL
GLITTERING PLAINS DANCE TENT
EARTHLY PARADISE TENT
WILLIAM MORRIS GALLERY
POETRY • E17 DESIGNERS MARKET
CIRCUS • POP-UP CINEMA AND MORE

SATURDAY 15 AND SUNDAY 16 JULY 2017

12NOON-9.30PM (8PM SUNDAY)

**FREE
EVENTS**
NO TICKET
REQUIRED

barbican CREATE



Supported organically funded by
ARTS COUNCIL
ENGLAND


Waltham Forest

WALTHAM FOREST

Get Together

**FREE
EVENTS**
NO TICKET
REQUIRED

• THERE WILL BE A RANGE OF REFRESHMENTS •
**NO ALCOHOL
TO BE BROUGHT
INTO THE EVENT**
• AND FOOD STALLS AVAILABLE ON SITE •

Mela

**6 AUGUST CHESTNUTS FIELD
2PM UNTIL 8PM WALTHAMSTOW**

FANTASTIC LINE UP OF MUSICAL ACTS

**ARTS AND
CREATIVE WORKSHOPS
WITH MEHRAJ ART**

**SOUTH ASIAN
COSTUME
EXHIBITION**

**KABADDI
FUNFAIR**

FASHION SHOW

For further information go to:

020 8496 3000



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walthamforest.gov.uk

Puzzles for Today

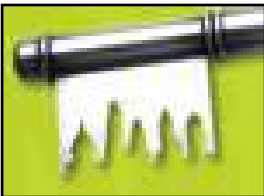
Keep your brain active over the summer by having a go at each Puzzle of the Day. These can be heard on Radio 4 in the morning or via the website:

<http://www.bbc.co.uk/programmes/p057wxw/>

Ms Robinson
Challenge Coordinator



OPEN HOUSE LONDON 2017



It was lovely to see all the positive responses about the plaque commemorating Patricia Marino.

If you are interested in coming back to see your old school, we are intending to take part in

Open House London 2017
Saturday 16th September 2017
10-1pm.

This festival focuses on architecture and urban design. There will be guided tours of the school grounds, including the Greek Theatre, the Grade II listed Edwardian building and our award-winning buildings of 2010.

For further information about Open House events you can look at these links:

Facebook (www.facebook.com/openhouselondon) and
Twitter ([@openhouselondon](https://twitter.com/openhouselondon)) with the
[hashtag #openhouselondon](https://twitter.com/openhouselondon)

Ms Kelly LRC

Trendy Teens Organiser of Inspire Summer Programme 2017

We are a youth empowerment organisation based in London that aims to improve the lives and life prospects of disadvantaged young people across the UK. Trendy Teens was founded in 2015 by a group of altruistic individuals from varying professional backgrounds including, finance, medicine and teaching, who all share a passion for improving the lives of British youth.

<http://www.communitywalthamforest.org/news-jobs/summer-holiday-opportunities-inspire-programme-young-people-31st-july-18th-august>

The Inspire **FREE** summer programme 2017 is a brilliant opportunity for young people to access learning opportunities and build real life skills, it will run from **31st July to 18th August**.

We have developed an engaging and stimulating summer programme to support positive personal development and offer you the chance to widen your skillset.

Are you 14 years or older and looking for an exciting opportunity this summer to develop your knowledge, as well as gain valuable skills?

If the answer is yes, this programme is for you.

The Inspire summer programme has been designed to offer a unique experience over the holiday period.

You will be challenged to develop new skills, increase your self-confidence and work together with other young people.

Booking essential

Date:	Monday 31st July—Friday 18th August
Time:	10.00am – 15.00pm
Location:	Waltham Forest Resources Hub (Central) 1 Russell Road London E10 7ES

Register your place by visiting

Eventbrite

<https://www.eventbrite.co.uk/e/inspire-summer-programme-2017-tickets-33183358318>

Places are limited. Book early to avoid disappointment.

Karma Nirvana

Dear Friends and Supporters,

Please find below further information about our third annual Day of Memory on July 14th. This is the day we remember those that have lost their lives to Honour Killings here in the UK. Where some families choose to forget, and feel shame, we remember and celebrate victim's lives.



As always, thank you for your support.
Karma Nirvana

Day of Memory Conference **Civic Hall, Leeds, 9am – 4pm, Friday 14th July**

Held in conjunction with Leeds City Council this year's conference will be a unique opportunity for 200 guests to hear from UK experts and survivors. Delegates will learn how local and national partners are tackling honour-based abuse and what they are doing to prevent future honour killings in Britain.

Male and female survivors will be sharing their experiences and explaining how the emotional and physical abuse of honour crimes can quickly escalate to disownment and ultimately murder. Delegates will learn that victims of honour abuse and honour killings are not determined by age, gender, sexuality or religion. They will learn how to recognise such extreme behaviour and best practice in tackling it.

Delegates will learn how local and national partners are tackling honour-based abuse and what they are doing to prevent further honour killings in Britain.

We'd love you to join us at The Civic Hall for this event. Spaces are limited and there just a few left so please email events@karmanirvana.org.uk with your attendance request as soon as possible. Tickets will be issued on a first come first served basis.

***'Not all holidays are a holiday'* Social Media Campaign**

The summer holidays are a time when teenagers are taken abroad to be forced into marriage. We will be carrying out specialist training and awareness raising initiatives at several major airports including London Heathrow, Leeds and Bradford.

Support our Day of Memory hashtag: **#WeRemember**

INCREDIBLE YEARS PROGRAMME

A parenting skills training programme for **adoptive families** developed by Coram and based on the Webster-Stratton Incredible Years programme. It takes account of adoptive families' particular needs and circumstances.

The programme aims to:

- Strengthen parenting competencies by focussing on positive behaviour strategies (positive discipline, confidence, etc.);
- Improve the parent-child relationship through the development of trust and secure attachments;
- Provides shared learning with partners (if a couple) and peer group and gain peer support;
- Increase parents' involvement in children's school experiences in order to promote children's academic, social and emotional competencies and reduce conduct problems.

Course structure

The programme will run over a period of 12 weeks, each session lasting 2 hours and 15 minutes. There will be a follow-up session approximately 6 months later to review progress. The course is suitable for parents of children in the primary age range, 3 to 10 years of age.

There is no charge for attending and a crèche is provided.

Where?

Henry Maynard Primary School

When?

10.30 am to 12.45 pm on a Saturday

Start date?

Saturday 9th September 2017

Please contact Nicky Hillman at Henry Maynard Primary for more information on:

school@henrymaynard.waltham.sch.uk

"A very useful and worthwhile programme on different parenting skills and techniques, and a fantastic opportunity to share experiences with other local adoptive parents"

"We felt the course focused on practical strategies to help increase child self-esteem and help strengthen parent child bond. I feel it was such good foundation for parenting skills."

"Shame the course has ended. It has been very helpful indeed."

Quotes from parents who attended previously.

**Walthamstow School
for Girls
Alumnae**

**FUNDRAISING
QUIZ NIGHT**

**Thursday 19th October 2017
7.00 p.m.**

Tickets £5.00 per person

Adults only - open to staff, parents,
alumnae and friends over 18

Bring YOUR own food and drink

Tables of ten

Booking essential

To book a place please contact

Lesley Winter on: 020 8509 9410

Or email

lwinter@wsfg.waltham.sch.uk

School Calendar for 2016-17

Summer Term 2017

End: Wednesday 19th July

Thursday 13th July

Year 7 GREEN Exhibition 4-6pm

School Calendar for 2017-18

Autumn Term 2017

Start: Monday 4th September End: Wednesday 20th December

Monday 4th September

Staff Inset Day

Tuesday 5th September

Students return:

School starts for the new Year 7 at 9.30am and they will be with their Tutors all day until dismissal at 3.30pm.

School starts for Years 8, 9, 10 and 11 at 1.30pm and they will be with their tutors all afternoon until dismissal at 3.30pm.

Friday 13th October

Staff Inset Day

Half Term

Monday 23rd October - Friday 27th October

Spring Term 2018

Start: Thursday 4th January End: Thursday 29th March

Half Term

Monday 12th February - Friday 16th February

Good Friday Bank Holiday 30th March -

Easter Monday Bank Holiday 2nd April

Summer Term

Start: Monday 16th April

End: Friday 20th July

May Bank Holiday Monday 7th May

Half Term

Monday 28th May - Friday 1st June

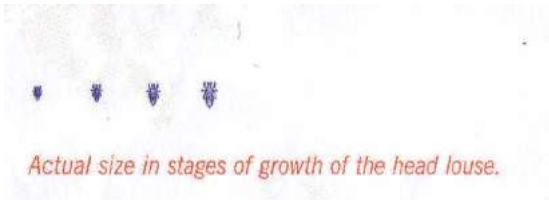
Prevention and Treatment of HEAD LICE



Detection Treatments

Head lice are well camouflaged and hide when disturbed by combing. They do not always cause itching, particularly when recently arrived on the head. They may also be few in number and a quick inspection is unlikely to detect them. The following method of detection is effective:

- Wash the hair using ordinary shampoo, then use a wide toothed comb to straighten and untangle the hair. It is easier to do this with wet hair, and using hair conditioner
- Once the comb moves freely through the hair, without dragging, switch to a fine tooth comb. Make sure the teeth of the comb slot into the hair at the roots and draw down to the ends of the hair with every stroke. The comb must be fine enough to catch the lice - size indicated below – do not confuse lice or their eggs with clumps of dandruff or other debris.



- Check the comb for lice after each stroke as you work through the hair section by section, so that the whole head of hair is combed through, then rinse out the conditioner and
- repeat the combing procedure in the wet hair.
- This can be undertaken on a regular basis – eg. At routine hair washing sessions - to detect the presence of lice before they can spread. Check all family members at the same time and arrange treatment when lice are found

Treatment

If you find lice, then there are two options. Whichever option you choose it is important to recognise that neither will protect against re-infection if head to head contact is made with someone with head lice at a later date. You may therefore wish to undertake occasional checks during hair washing sessions.

Option 1: Lotions and creme rinses using insecticides

- Do not use lotions or rinses unless you find a living moving louse. Check all close family/friends by the "wet combing" method, as described, and treat anyone who is found to have lice at the same time, to prevent re-infection.
- Ensure you have enough lotion/rinse to treat all those affected and follow the instructions on the packet carefully, eg. as to how long the treatment must remain on the hair to be effective, how often you may apply the product etc.
- The product may be capable of killing eggs, as well as lice, but there is no certainty of

this. Check for baby lice hatching out from eggs 3-5 days after you use it, and again at 10-12 days.

- If the lice appear to be unaffected by the product (some lice may have developed resistance to a particular insecticide) or if the problem persists - then you should take advice from your local school nurse, health visitor, pharmacist or GP, who will be able to advise you on alternative treatments and explain how to use these to best effect. You should seek advice where whoever is being treated is either Under 1 year of age, suffers from asthma or allergies, or is pregnant or breast feeding.

Option 2: The "Bug Busting" treatment method

This aims at systematic removal of live lice by combing through the hair and physically removing any lice found. Success depends largely upon adopting a painstaking approach - as described in the "Bug Buster" kit. The kit, which includes an illustrated guide and combs, is available from some pharmacies, and by mail order from:

Community Hygiene Concern
160 Inderwick Road, London, N8 9JT
Bug Buster: Help Line: 020 8341 7167
Fax: 020 8292 7208
www.chc.org/bugbusting
Charity reg. no: 801371

- Only one kit is required for a family and it is reusable. Four sessions spaced over 2 weeks are required to clear the lice, as long as the person does not catch more lice, in which case half-weekly sessions must continue.
- Some schools find it helpful to adopt a whole-school approach (where all parents check their children and family members on the same evening and treat as needed), A "Bug Buster" Teaching Pack is available to assist this process. For further information send three 2nd class stamps loose, plus a self-addressed sticky label to the above address.
- Taking part on "Bug Busting" days can help to prevent lice circulating, ie. if all cases are identified and treated successfully at the same time there will be fewer opportunities for lice to circulate amongst children and their families.

Facts

- Head lice *are* small, six-legged wingless insects, pin-head size when they hatch, less than match-head size when fully grown and grey/brown in colour. They are difficult to detect in dry hair even when the head is closely inspected. They very often cause itching, but this is not always the case, particularly when recently arrived on the head.
- Head lice cannot fly, jump or swim, but spread by clambering from head to head. Anyone with hair can catch them, but-children who have head to head contact, either at school or during play, *are* most commonly affected.

- Head lice feed by biting and sucking blood through the scalp of their host. The female louse lays eggs in sacs (nits) which are very small, dull in colour, and well camouflaged. These are securely glued to hairs where the warmth of the scalp will hatch them out in 7-10 days. Empty egg sacs are white and shiny and may be found further along the hair shaft as the hair grows out. Lice take 6-14 days to become fully grown, after which they are capable of reproduction.
- Head lice are not fussy about hair length or condition. Clean hair is therefore no protection, although regular (eg. weekly) hair washing and combing sessions offer a good opportunity to detect head lice, and arrange treatment if discovered.

Head Lice

Lice hang on tight to the hair, usually close to the scalp where there is warmth, food and shelter from detection. Full grown lice take the opportunity to move from head to head during close contact. Younger lice tend to remain for about 6 days on the head where they have hatched.

Head lice need to maintain contact with a host in order to survive. Those lice that leave the host voluntarily, or fall off, are likely to be damaged or approaching death (their life span is about 3 weeks) and so unable to start a new colony. There is no need to wash or fumigate clothing or bedding that comes into contact with head lice.



magnified photo of the human head louse and louse egg (nit).

If you *are* at all worried about head lice or feel you need more advice on how to cope, then you should consult your school nurse, health visitor, pharmacist or family doctor.

Further copies of this leaflet maybe obtained from:
 Department of Health, PO Box 777, London SE1 6XH
 Fax: 01623 724 524 (Email: doh@prolog.uk.com)