



NHS
North East London
NHS Foundation Trust

We are looking for Mental Health Champions!

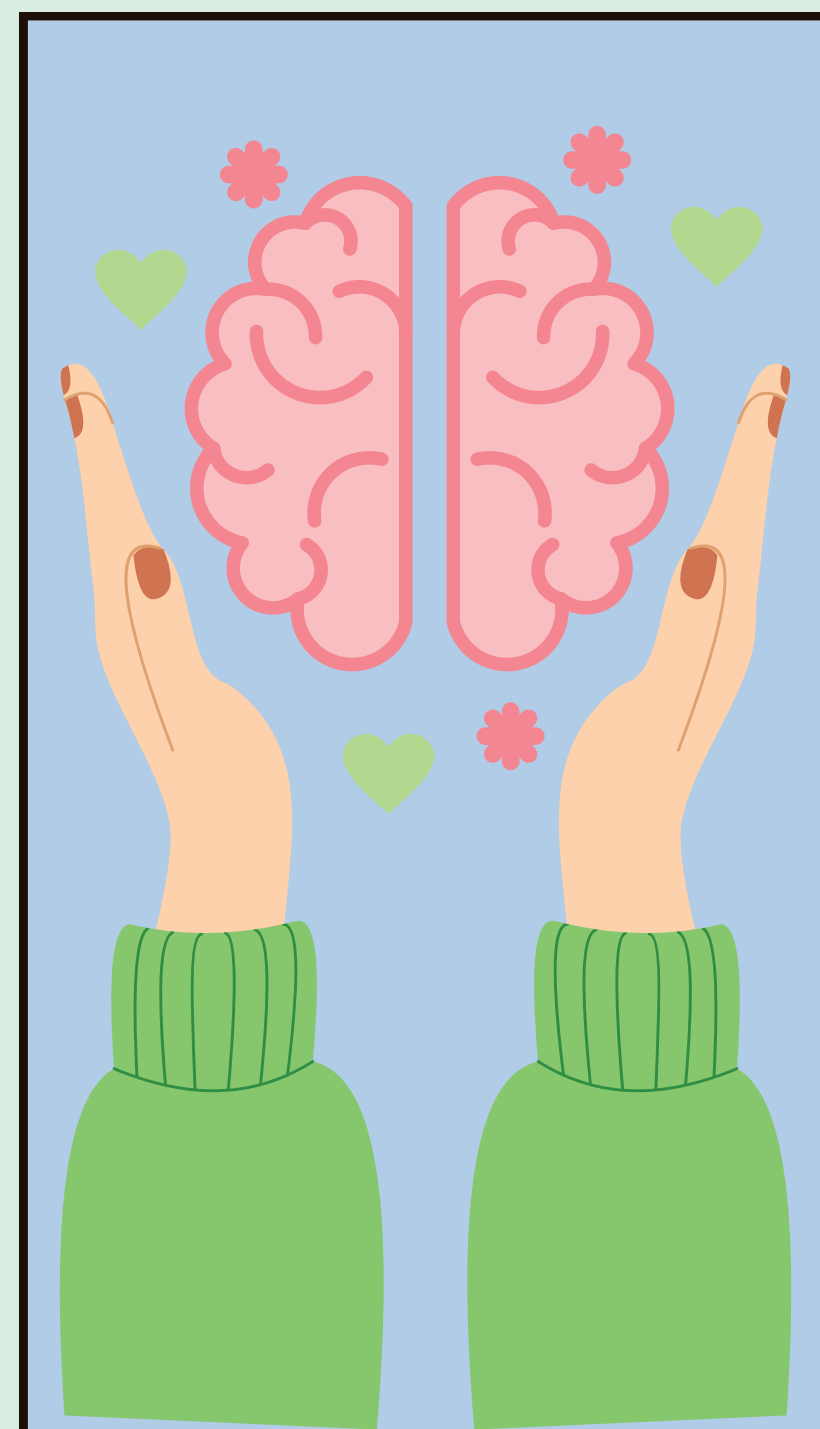
What is a Mental Health Champion?

- Pupils who have an interest in championing positive mental health and wellbeing
- They work alongside the Mental Health Support Team to co-produce and improve the service offer
- They have a responsibility for leading and promoting wellbeing throughout the school.

Who are we looking for?

- Are you interested in improving wellbeing in school?
- Do you want to learn more about mental health?
- Do you want to develop confidence and leadership skills?

All experiences welcome!



How do you apply?

Please speak to your Mental Health Lead (**Miss King**) or form tutor to obtain a copy of our Application Form.
Deadline: 10/10/25