

December Half-Term-2025

What's on in Waltham Forest and surrounding Borough's



By the **Waltham Forest Mental Health Support Team**



HAF Programme Waltham Forest



Christmas in Waltham Forest



Food Bank & Clothing - WFCOMuk (Waltham Forest Council Of Mosques)



EXCITING ACTIVITIES

NHS

North East London
NHS Foundation Trust

Sphere Space Winter Fair

Unique hand crafted gift ideas, sweet & savoury treats!
Saturdays 6th, 13th & 20th Dec, 1-4pm, Sphere Space,
2 Gerry Raffles Square, Stratford Centre E15 1BN
All queries please email info@spheresupport.org.uk

FAMILY Christmas DISCO

Raising money for *mind*

Saturday 13th December, 6pm
Oakview School Loughton

Tickets £5
To purchase tickets please contact
Laura on 07881 757063

Disco • Bar • Special Visitor • Selfie Mirror
Tuck Shop • Raffle • Tombola • Gifts

www.justgiving.com/page/runlaurarun0426

CAMPIONI SOCCER ACADEMY

KICK OFF
Christmas at CAMPIONI'S
ONE-DAY TRAINING EVENT

MONDAY DEC 22ND
9AM-3:30PM

Join us for a Christmas themed football training event featuring exclusive games for **U10s** (£2.50 per child), **U11s** & **U12s** (£3.50 per child) & **U13s** (£4.50 per child) with a female professional player!

• Professional skills coaching in the morning
• Coaching tournaments in the afternoon
• Prizes for all players & a 10% discount when booking for more than one child for the same event
• While the kids are having fun with us you can tackle your last minute Christmas chores!

Sign up now for a fun-filled day of skill matches, of plenty of Christmas spirit!

YOUR CHILD'S NEEDS ARE OUR TOP PRIORITY
Our experienced staff are happy to ensure that your child has the best possible experience.

£43 OFFER
Book 4 or more children for the same event and receive £43 off the total booking!

TO BOOK:
CAMPIONI.CO.UK | 07976740860

Christmas Holidays
The Woodford Wells Club
(Woodford Green, IG8 0NL)
Ages 3-12*
22/23/29/30TH DECEMBER

BOOK ONLINE
www.Camp-Wild.co.uk
07424 274 935
info@camp-wild.co.uk
£42.95/£118.95/£138.95/£158.95 (Ages 3-12)
OR
£33.95/£112.95/£132.95/£152.95 (Ages 3-6)
Childcare Vouchers Accepted
CRS7120 Registered
Ages 3-6: 9:30-4:00pm
Ages 6-12: 9:30-4:00pm
Ages 3-6: 8:30-12:30 or 1-4pm

K-T-E CREATE ARTS

Christmas Holidays 25
Kids Arts & Crafts Club

£40 per day
9:45am to 2:00pm
Sibling/Multi day Discounts

Winter Themed
Different Projects
Each day

AGES 5-11

WWW.BOOKWHEN.COM/CREATEKATE
NORTH CHINGFORD STUDIO
DECEMBER 15/16/19/22/23
JANUARY 5TH INSET DAY

www.createkate.co.uk
Tel 07793 844 900
01473 422 000

Boggle Academy Presents

Our Christmas Workshop 10am - 3pm
Parish Halls, Wanstead, 23rd of December

Dance routines
Songs
Arts & Crafts
Drama Games

KPOP

WICKED

And lots of sparkle as we fuse the fierce world of K-pop with the Magic of Wicked

Final Performance for the grown ups

AGES 6+

Christmas Party

THE FAIRY TALE FACE PAINTER

Sunday 14th December 2-4pm
Mooro's Abridge Road
Chigwell, Essex, IG7 6BX
www.uvkids.co.uk

HAPPY NOON YEARS

A Family-Friendly Celebration
All ages welcome (0+)
31ST DECEMBER 2025
10:30-12:30 @ THE RED LION
184 High Rd Leytonstone, London, E21 3AA
FREE ENTRY (Donations welcome)

BPM
info@courtenick.co.uk

SATURDAY 13TH DECEMBER
FACES 2-4pm

UV KIDS

uvkids.co.uk



Preparing for Christmas: autism resources
A brief list of useful resources for the festive period

[Autism](#)



BEING A 'NEURODIVERSE' FAMILY AT CHRISTMAS!

What are the challenges we face?



Being a 'Neurodiverse' Family at Christmas!

'Tis the season for meltdowns, burnout and desperately seeking excuses to escape social obligations... Sound familiar? Ah yes, it must be time to gather the family together for the holidays!

© Sarah Jane Suggs, 30 Nov 2023



Managing Christmas

When you're bereaved, this can be a particularly tough time of year. Read our tips for managing Christmas and special occasions.

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**National Bullying
Helpline**

Tel.: 0300 323
0169

Childline

Tel.: 0800
11111

**NELFT Mental
Health Direct**

Tel: 0800 995
1000

Kooth
Free, safe and
anonymous
support

PAPYRUS
(Suicide
prevention)
Tel.: 0800
068 4141

Samaritans
Tel.: 116 123

Other support
in Waltham
Forest

Shout
(24/7 crisis
textline) TEXT
85258

