

# CLOTHES MENDING FOR FAMILIES

**THIS 5-WEEK FREE COURSE INTRODUCES ADULTS TO  
SIMPLE, PRACTICAL TEXTILE MENDING AND CREATIVE  
REUSE TECHNIQUES PERFECT FOR FAMILY LIFE.**

**VENUE - QUEENS ROAD FAMILY HUB  
215 QUEENS ROAD E17 8PJ**

**START DATE  
WEDNESDAY 14<sup>TH</sup>  
JANUARY 2026**

**END DATE  
WEDNESDAY 11<sup>TH</sup>  
FEBRUARY 2026**

**TIME 10-12PM**



**YOU WILL LEARN-  
SIMPLE HAND STITCHES**

**SUNSTAINABLE AND  
MINDFUL MAKING  
TECHNIQUES**

**HOW TO TURN CHILDREN'S  
CLOTHES INTO CREATIVE  
KEEPSAKES**

FOR MORE INFORMATION

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Curriculum Manager

**Waltham Forest Adult Learning Service**

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