**Free School Meals in Walthamstow**

We are very grateful to the help for families to access food that has been arranged at short

notice through the work of three amazing local groups- Pl84U Al-Suffa, Eat or Heat and the

Salvation Army. Between these three there are two routes to supporting families who wish to access assistance with food for their children.

You can find all the information about individual schools and how to access help on my website:

[**www.working4walthamstow.co.uk/freeschoolmeals**](http://www.working4walthamstow.co.uk/freeschoolmeals)

For your information, the two schemes in operation are as follows:

1. Your school can refer them to us for provision of a foodbank parcel - this will require the following information listed below. If they or you can provide this to us on email, our volunteers overseen by my staff team can make the referral for them.

Please email office@workingforwalthamstow.org.uk with 'FSM request' in headline. Collection of food can then be made from either the Eat or Heat or Pl84U locations in Wood Street and off Hoe Street:

Name, Address, Telephone, Number of adults/number of children, Children's ages, Dietary requirements - vegetarian, vegan, halal, Which of the following meats can you eat - beef, pork, chicken, lamb, fish, age group (of adult).

2. A drop-in service where families can collect food without a referral between 10 a.m. to 12 p.m. noon and 6 p.m. to 8 p.m. at the Jewel Road Entrance of the Salvation Army Monday 26th October to Wednesday 28th October.

Please email: julie.pell@salvationarmy.org.uk beforehand so you can be allocated a collection slot time.

Those who would like to support this work can help by donating either food or money to the organisations working with us- details of how to do so are on their website:

* Eat or Heat - <http://eatorheat.org/donate/> (updated regularly) or if money is easier then details are here <http://eatorheat.org/cash-donation/>
* Walthamstow's Salvation Army- [Details of their proposed shopping list here](https://www.facebook.com/walthamstowsa/photos/pcb.3738186856205363/3738185786205470/?type=3&theater) and donations are here:[https://www.justgiving.com/fundraising/julie-pell3](https://l.facebook.com/l.php?u=https%3A%2F%2Fwww.justgiving.com%2Ffundraising%2Fjulie-pell3%3Ffbclid%3DIwAR2tFU1lF0y6x-PIBQQQorjV6mkVE3il816V9xndzMBQifEwZz3Wp0XsHAo&h=AT2OmcYaraKS8MQupOzJkkyR3y4Im_wO85QNG0WTfsslHSwuAKQC9B6didfQXpbSVJu6K0A9cGSa1HgfiuRynI7UfQ3qsbgNZxuX1hhAvwXWKeQtbrWWKlUVALpL9RFKdvzCZILjMCwrQd-7ZJSTuwRE2m8kHZqtHkJgYWTSS6eLlGzcIeg1bko-TUmE2-A0WFf6QCSXjv9KHdi41SxLb9WaYT8N9tPvDl13v7pU4RJXJ_S5sG-sFVDl1Tj-E9fDNZs5gWjjPwpHiaLL7ho00WuPZzeSOaxe3u9PhwknDBA20ygZ6BcRt5ptuvtAAbAhIfaN_tPC0mXlgLOQ1nEyRe1gZe5UY7dsaiD54qRZqS7zD2B5XbD5L9zAJm3V7CcdmyG6OAlU_bSENllX3_6praiGgnfO8DFT7pFUtODW2Uk2l7--3U7fJnWH3WGG4go44vloCFXaFrXVA_DkFovEIvSh9fhdRzDT3LvDuoTtYYy7xg1kBm_UC4RMy-SkwWsaW2fYHOo8imsI8EDzS-B0HNg7wFCca0kEytWrx9PDqGyMFONj5Oik-iLprw7uXm3w-oNi3cdevJFAsEPJKRafvxNE8IVANUEJZzUC9fVYA5m1UL0psSI4ISI_Y4Ez3ZdFxs2k7ry8JihzwnNneHw1wPFX)
* Pl84U Al Suffa - details of how to support on their website [www.pl84ualsuffa.co.uk](http://www.pl84ualsuffa.co.uk/)

Thank you for everything you are doing to help local children and their families at this difficult time.

**Stella Creasy
Labour and Co-operative MP for Walthamstow**