

# OAA

<u>Working towards</u>	<u>Acquiring</u>	<u>On track</u>	<u>Advancing</u>	<u>Extending</u>
<ul style="list-style-type: none"> <li>• I can describe the importance of a warmup.</li> <li>• I can label 2 muscles on the body.</li> <li>• I can describe the importance of working as a team.</li> <li>• I can describe the three different types of communication.</li> </ul>	<ul style="list-style-type: none"> <li>• I can explain why we warm up and the effects it has on our body.</li> <li>• I can label 3 muscles on the body.</li> <li>• I can explain the importance of working as a team.</li> <li>• I can explain the three different types of communication.</li> <li>• I can identify seven symbols and point them out on a map.</li> <li>• I can lead my plan to my team.</li> </ul>	<ul style="list-style-type: none"> <li>• I can lead stretches to a small group.</li> <li>• I can label 4 muscles on the body.</li> <li>• I can start to visualise routes.</li> <li>• I can use the three different types of communications to allow success.</li> <li>• I can identify eight symbols and point them out on a map.</li> <li>• I can describe a basic route from A to B.</li> </ul>	<ul style="list-style-type: none"> <li>• I can plan a warmup and lead stretches to a small group.</li> <li>• I can label 5 muscles on the body.</li> <li>• I can develop my visualisation and memory of routes followed.</li> <li>• I can go to two control points by myself.</li> <li>• I can explain a basic route from A to B to C.</li> <li>• I can use 5 key words when</li> </ul>	<ul style="list-style-type: none"> <li>• I can lead a warmup and stretches to a small group.</li> <li>• I can label 10 muscles on the body.</li> <li>• I can go to control points by myself.</li> <li>• I can explain how to get to any route picked at random.</li> <li>• I can use several key words when explain different routes.</li> <li>• I understand that competition</li> </ul>

<ul style="list-style-type: none"> <li>• I can identify five symbols and point them out on a map.</li> <li>• I can explain my plan to my team.</li> <li>• I can describe why I think I am at the start location on the map.</li> <li>• I can use two key words about OAA in a sentence.</li> </ul>	<ul style="list-style-type: none"> <li>• I can lead a basic route from A to B.</li> <li>• I can use three key words when describing a route.</li> <li>• I can plan tactics and identify them to my team to reach success.</li> </ul>	<ul style="list-style-type: none"> <li>• I can use four key words when describing a route.</li> <li>• I can describe my tactics and explain them to my team to achieve success.</li> <li>• I can draw my own map of an area.</li> </ul>	<p>explaining a route.</p> <ul style="list-style-type: none"> <li>• I can create a friendly competition with other groups to create a race.</li> <li>• I can develop map interpretation.</li> <li>• I can draw my own map of an area and apply symbols to the drawing.</li> </ul>	<p>can be a positive learning curve.</p> <ul style="list-style-type: none"> <li>• I understand that competition can also have a negative effect.</li> <li>• I have taken part in a OAA competition outside of school.</li> <li>• I can list my strengths and weaknesses and then follow a plan of how to improve them.</li> <li>• I can use my expertise to help other pupils and in extra-curricular session.</li> </ul>
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