

OAA

<u>Working towards</u>	<u>Acquiring</u>	<u>On track</u>	<u>Advancing</u>	<u>Extending</u>
<ul style="list-style-type: none"> • I can understand why we warm up. • I can label 1 muscle on the body. • I understand why I need to work as a team • I understand the three different types of communication. • I can identify three 	<ul style="list-style-type: none"> • I can describe the importance of a warmup. • I can label 2 muscles on the body. • I can describe the importance of working as a team. • I can describe the three different types of communication. • I can identify five symbols and point them out on a map. • I can explain my plan to my team. 	<ul style="list-style-type: none"> • I can explain why we warm up and the effects it has on our body. • I can label 3 muscles on the body. • I can explain the importance of working as a team. • I can explain the three different types of communication. • I can identify seven symbols and point them out on a map. • I can lead my plan to my team. 	<ul style="list-style-type: none"> • I can lead stretches to a small group. • I can label 4 muscles on the body. • I can start to visualise routes. • I can use the three different types of communications to allow success. • I can identify eight symbols and point them out on a map. • I can describe a basic route from A to B. 	<ul style="list-style-type: none"> • I can plan a warmup and stretches to a small group. • I can label 5 muscles on the body. • I can develop and visualisation and memory of routes followed. • I can go to two control points by myself. • I can explain a basic route from A to B to C. • I can use 5 key words when explaining a route. • I can create a friendly competition

<p>symbols and point them out on a map.</p> <ul style="list-style-type: none"> • I can describe my plan to my team. • I can identify where I am on a map. • I can identify two key words from • OAA. 	<ul style="list-style-type: none"> • I can describe why I think I am at the start location on the map. • I can use two key words about OAA in a sentence. 	<ul style="list-style-type: none"> • I can lead a basic route from A to B. • I can use three key words when describing a route. • I can plan tactics and identify them to my team to reach success. 	<ul style="list-style-type: none"> • I can use four key words when describing a route. • I can describe my tactics and explain them to my team to achieve success. • I can draw my own map of an area. 	<p>with other groups to create a race.</p> <ul style="list-style-type: none"> • I can develop map interpretation. • I can draw my own map of an area and apply symbols to the drawing.
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