



GREENSHEET



No. 03/17

Church Hill, Walthamstow, London, E17 9RZ

Telephone: 020 8509 9446


Email: info@wsfg.waltham.sch.uk

Website: www.wsfg.waltham.sch.uk

Student Absence Line: 020 8509 9444

21st September 2017

Week 'A'

SCHOOL CALENDAR	CONTENTS	PAGE	CONTENTS	PAGE
Autumn Term 2017 End: Wednesday 20th December	Headteacher's Message Information for parents/carers Open Evening Parent/Carer information evenings Year 11 Student information Samara appeal	1 3-5 3 4 6-7 9	Year7 cycling course WSFG Alumnae news Alumnae quiz night School calendar Prevention and treatment of head lice information	10 11 12 13 14-16
Wednesday 27th September School closure 14.30pm for Staff Inset	HEADTEACHER'S MESSAGE			
Tuesday 3 rd October Year 10 Parent /Carer Information Evening 6-7pm	<p>Dear Parents and Carers,</p> <p>On Saturday morning WSFG was open to the public for the third year running as part of the London Open House scheme, which provides public access to buildings of architectural interest across London.</p>			
Thursday 12th October School closure 14.30pm for Open Evening	<p>Over fifty visitors, including some of our new students and their families, were guided around the building by Ms Kelly other colleagues and alumnae and will</p>			
Friday 13th October Staff Inset Day. School closed to students	<p>have been impressed by their knowledge about the history of this Grade II listed school, a display of historical artefacts and a plethora of architectural details. The Open House event was followed by an AGM for the former students and members of staff who form our Alumnae Committee. I would like to thank them all for their continued commitment to the school.</p>			
Wednesday 18th October Year 7 Settling in afternoon				
Thursday 19th October Alumnae quiz night 7pm				



The extra-curricular clubs and activities started in school last week and I am sure the girls are grateful to those members of staff who give their time to run these.

Members of the gardening club on Friday lunchtimes have already harvested some kale from the school allotment and made juice from windfall apples, so are reaping the rewards of hard work last term. Last year students, under the guidance of Ms Dominique, were able to raise funds from the fruits of their labour, in addition to making some delicious soup.



Please encourage your daughters to make the most of their opportunities to participate in the sports, drama, arts and crafts or other activities on offer. Please remind them to always let you know if they will be attending an after school club and the time the activity will finish and ensure that they have arrangements in place to go home safely afterwards, especially as the dark evenings approach.

The table below shows the current schedule of extra-curricular activities run by the PE Department. Information on other extra-curricular activities will be shared next week.

DAY	LUNCHTIME 12:30pm-1:00pm	AFTERSCHOOL 3:30pm-4:30pm
Monday	Year 9 Netball training	
Tuesday	Year 10/11 Netball Training	Year 9 Netball fixtures
Wednesday	Year 7-11 Basketball Training	Year 10/11 Netball fixtures Year 7-11 Trampoline club
Thursday		Year 7-11 Football training
Friday	Year 7-11 Badminton club	

Best wishes,
Meryl Davies
Headteacher

OPEN EVENING

Thursday 12th October
5.30-8.00pm

High Performing National Support School

'There is a strong focus on excellent academic outcomes. Inclusive care for individuals lies at the heart of the school's ethos.' **OFSTED**



To find out more visit www.wsfg.waltham.sch.uk

NEGLECT NOT THE GIFT THAT IS IN THEE

Information for Parents/Carers

Dear Parents / Carers,

It has been brought to my attention that a number of students in various Year Groups throughout the school have head lice at the present time. At school we are not entitled to make any head inspections, the responsibility for treating head lice lies with the Parents / Carers.

There is more information contained within this Greensheet. It suggests how to treat the problem if it occurs. If you suspect your daughter has head lice, it must be treated systematically and the full instructions on the treatment lotion must be followed until she is completely clear. If some of the eggs remain, she will continue to have lice as they do breed quickly. The lice and eggs may take a number of treatment sessions to eradicate. The recommendation is that the whole family is treated at the same time as head lice are very easily passed on. Recommendations about the best lotions and treatments can be made by your chemist or pharmacist.

If your daughter does have head lice and she is being treated for them, there is no reason to keep her away from school, but it would be useful for you to inform us so that we are aware.

Thank you for your support in this matter.

Ms Pratt
Assistant Headteacher

Further information can be found on pages 14-16

Parent Information Evenings

This term we will be hosting a series of Parent Information Evenings: one evening for each year group.

These sessions have been designed in order to ensure good communication between home and school and to highlight key issues that we feel are essential for parents to understand in supporting their daughter at each stage of school life.



This will be a key event in the year for all parents/carers to attend.

Students are invited to attend with their parent or carer only, in order that there is enough seating for all.

The session will begin at 6pm promptly (doors open at 5:45pm) and will be for one hour.

There will be a series of 10 minute presentations by relevant staff explaining essential aspects of the year ahead for your daughter.

The programme for each session will be advertised in advance.

We look forward to welcoming you:

Year 7 Parent Information Evening: 14th November 2017

Year 8 Parent Information Evening: 31st October 2017

Year 9 Parent Information Evening: 21st November 2017

Year 10 Parent Information Evening: 3rd October 2017

Year 11 Parent Information Evening: 1st November 2017

**Ms Kennedy
Deputy Headteacher**

Visit /trip payment information

Dear Parents / Carers

During the year many faculties organise day visits to various places of interest relating to their subject which incur a small charge.



To ensure the contributions for the visits are recorded against the correct trip and student, please ensure that any money paid in for trips **MUST** be in a sealed envelope with the name and date of the trip, faculty, student's name, form and amount being paid on the front please. Cheques should have this information recorded on the reverse, and include the parental reply slip. The envelope should be placed in the box in Student Services, a receipt will then be issued to the student.

Alternatively you could pay by our **sQuid** system for catering, school trips and offers payments. Please contact Student Services if you require any assistance. Thank you for your support

Mrs Jolliffe
Student Services

SSE Women's FA Cup Final

Dear Parents/ Carers,

Would you like to go to Wembley to watch The SSE Women's FA Cup Final on **Saturday 5 May 2018** at Wembley Stadium.



Tickets for the event are **£15** for adults, with children under-16 free of charge.

If you are interested taking your daughter please click on the link below to buy your tickets.

Tickets can be booked at [TheFA.com/Tickets](https://www.thefa.com/tickets)

Ms Wood
Head of P.E.

Opportunity for Year 11 Students

Year 11 students considering a career in medicine

There are a small number of places for a medical work experience course for aspiring medical students aged 16-25 from **11th February- 17th February 2018**.



These courses are a great way for those aspiring towards a career in healthcare to stand out in a very competitive university application process. In fact, students who join these courses are three times more likely to gain a place at medical school.

The placements include:

- 25 hours hospital work experience per week
- Interview workshops
- MMI simulation with feedback
- Panel interview simulation with feedback
- 2 x clinical training sessions per week
- Personal statement review and advice
- UKCAT & BMAT courses

Any students interested in this medical work experience please see Ms Warren for details.

Guidance For Getting Into Medical School For all students starting in year 11

With over 20,000 applications annually for only 6,000 UK medical school places, applying to medical school is more competitive than ever.

This October half term there are work experience weeks for students interested in medicine, taking place in London & various dates in 2018 too.

What are the dates?

22nd October 2017 - 28th October 2017

11th February 2018 - 17th February 2018

Various dates - Summer 2018

Where can I find out more?

Just visit www.premedprojects.co.uk for more information.

Ms Warren

Year 11 Student Progress Leader

YOUR HEALTHCARE CAREER STARTS HERE...

NATIONAL HEALTHCARE WEEKEND

“ It just blew my mind! I met healthcare professionals who were honest and now I feel as though I have made an informed decision to pursue the career that I really want. I have been to similar events before but there is just nothing this good! ”

Sophie Bridgewater Year 12

ALL PHOTOS ARE FROM REAL MEDIC MENTOR EVENTS

JOIN US ON...

18TH & 19TH
NOVEMBER
2017

- LONDON
- BIRMINGHAM
- LANCASTER
- CARDIFF
- NOTTINGHAM



Medic Mentor
Motivating Medical Minds

CHOOSE FROM 7 HEALTHCARE CAREERS

National Weekend is made up of conferences and UCAS lectures, each dedicated to 7 specific healthcare careers:

- Medicine
- Dentistry
- Veterinary Medicine
- Nursing
- Midwifery
- Psychology
- Biomedicine
- Pharmacy

**FIND OUT WHY
OVER 6000
PEOPLE HAVE
JOINED MEDIC
MENTOR**

AT MEDICMENTOR.CO.UK

UK'S LARGEST HEALTHCARE CAREERS EVENT

With over 30 conferences at 5 locations across the UK on the same weekend! Over 800 healthcare professionals teaching 2000 aspiring students from 800 schools!

Suitable for students in year 10-12. Parents and teachers are also welcome.

Proceeds from these events are reinvested to support the next generation of our UK's Healthcare professionals with scholarships and free educational initiatives.

Medic Mentor is a National Medical Organisation dedicated to mentoring aspiring healthcare students.

Islamophobia Response

Dear parents/carers

In the current climate it is necessary to reinforce anti-racist messages and reassure our school community that **we stand united together**.

In our Leadership assemblies, SPL assemblies and PSHE lessons, Islamophobia and racism are being explored and challenged.

Diversity students have devised a PowerPoint for the electronic displays around the school with support and advice.

The poster below has been printed, laminated and will be displayed around the school for additional support.

Ms Desbenoit
Diversity Co-ordinator.



Muslim Engagement & Development | **mend**

Islamophobia Response Unit

(IRU)

Report it! Stand up to it!

Have you been a victim of
Islamophobic hate crime?

Have you suffered
religious discrimination
on account of being
Muslim?

**Contact our Islamophobia Response
Unit on 020 3904 6555**

Email iru@mend.org.uk or visit: mend.org.uk/report

 /mendcommunity | mend.org.uk

The Dignity Bag Appeal.



We are supporting the Dignity Bag Appeal – an appeal to provide small bags of sanitary and hygiene items to girls and women affected by the crisis in Syria and Iraq.

<http://www.samarasaidappeal.org/dignity-bags/#>

Each tutor group will be given a bag with a 'shopping' list, as follows:

- Sponge or body puff
- Soap x3/4 bars (no liquids) (multipack)
- Toothbrushes
- Toothpaste
- Roll-on Deodorant (no aerosols/glass)
- Sanitary towels x4 packs (no tampons)
- Panty liners x2 packs
- Nail clippers
- Pack of knickers 4/5 pairs (medium size)
- Hairbrush
- Tub of face/hand cream
- Tub of Vaseline or similar
- Plastic box/tub with lid (to keep soap in)
- Shampoo bar ** (optional)

* dignity bags should be a drawstring backpack, attractive bag approx. 34x44cm.

**shampoo bars available online.

We should be grateful if you could spare any of the items on the list, or add them to your weekly shop, and then send them into school with your daughter who should take them to G68, so that we can assemble the bags and donate as many as possible. In addition, of particular shortage in general are sanitary towels, panty liners and knickers. Your kindness would be wonderful.

Many thanks
Ms Famiglietti
Year 7 Student Progress Leader

Cycling Course Year 7



This course starts on **Monday 25th September- Friday 29th September 2017**
3.45pm – 5.15pm

Places are limited - 8 girls in the group;

Dates and Times

Monday 25th September 2017,	15:45-17:15pm
Tuesday 26th September 2017,	15:45-17:15 pm
Thursday 28th September 2017,	15:45-17:15 pm
Friday 29th September 2017,	15:45-17:15 pm

Your daughter must be able to stay on a bicycle with a level of control to be able to participate in this course.

She must wear comfortable clothing jogging pants are suitable, flat shoes or trainers.

Meet at Muga 3.30pm until 5.15pm each day.

Students must not be late.

Our School has bikes and helmets for use so no need for your daughter to bring own her bike.

If she is interested she should collect a letter from Mrs Dominique in G38.

Mrs Dominique

Key Stage 3 Learning Mentor



Alumnae News
Quiz night
19th October
7pm

The alumnae are holding a quiz night on **Thursday 19th October**, open to all , adults only, (see page 12 for further details), to raise funds to enable us to support the school with various projects

We look forward to seeing you, building a stronger alumnae community, while supporting the school and having some fun.

Kind regards,
Danielle Ferguson
 WSFG Alumnae Chair



Saturday 30th September -
'Highams'

a talk by local historian,
Georgina Green

A fascinating evening arranged by the Highams Park Society (HPS) in

All Saints' Church Hall, Church Avenue, E4 9QD.

Time: 7:00 for 7:30 pm

Tickets: £5 (£3:00 for HPS members)

FUNDRAISING QUIZ NIGHT

Walthamstow School for Girls

Thursday 19th October 2017

7.00 p.m.

Tickets £5.00 per person

Adults only - open to staff, parents,
alumnae and friends over 18

Bring YOUR own food and drink

Booking essential

To book a place please contact

Lesley Winter on: 020 8509 9410

Or email

lwinter@wsfg.waltham.sch.uk

School Calendar for 2017-18

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Autumn Term 2017

Start: Monday 4th September

End: Wednesday 20th December

Wednesday 27th September

School closure 2.30pm staff inset

Tuesday 3rd October

Year 10 Parent/Carer Information Evening 6-7pm

Thursday 12th October

School closure 2.30pm open evening

Friday 13th October

Staff Inset Day school closed to students

Wednesday 18th October

Year 7 Settling in afternoon

Thursday 19th October

Alumnae quiz night 7pm

Half Term

Monday 23rd October - Friday 27th October

Tuesday 31st October

Year 8 Parent/Carer Information Evening 6-7pm

Wednesday 1st November

Year 11 Parent/Carer Information Evening 6-7pm

Monday 6th-

Friday 24th November

Year 11 Mock Examinations

Thursday 9th November

Year 10 Parents'/Carers' Evening 4.30 -7.30pm

Tuesday 14th November

Year 7 Parent/Carer Information Evening 6-7pm

Tuesday 21st November

Year 9 Parent/Carer Information Evening 6-7pm

Spring Term 2018

Start: Thursday 4th January End: Thursday 29th March

Thursday 25th January

Year 11 Parents'/Carers' Evening 4.30 -7.30pm

Half Term

Monday 12th February - Friday 16th February

Thursday 22nd February

Year 9 Parents'/Carers' Evening 4.30 -7.30pm

Thursday 15th March

Year 8 Parents'/Carers' Evening 4.30 -7.30pm

Good Friday Bank Holiday 30th March -

Easter Monday Bank Holiday 2nd April

Thursday 26th April

Year 7 Parents'/Carers' Evening 4.30 -7.30pm

Summer Term

Start: Monday 16th April

End: Friday 20th July

May Bank Holiday Monday 7th May

Monday 14th May -

Year 11 GCSE Examinations

Friday 22nd June

Half Term

Monday 28th May - Friday 1st June

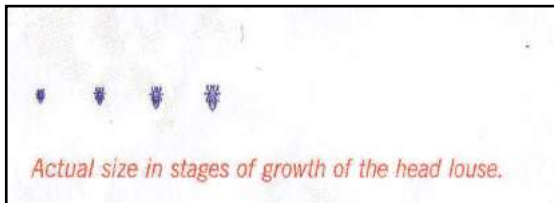
Prevention and Treatment of HEAD LICE



Detection Treatments

Head lice are well camouflaged and hide when disturbed by combing. They do not always cause itching, particularly when recently arrived on the head. They may also be few in number and a quick inspection is unlikely to detect them. The following method of detection is effective:

- Wash the hair using ordinary shampoo, then use a wide toothed comb to straighten and untangle the hair. It is easier to do this with wet hair, and using hair conditioner
- Once the comb moves freely through the hair, without dragging, switch to a fine tooth comb. Make sure the teeth of the comb slot into the hair at the roots and draw down to the ends of the hair with every stroke. The comb must be fine enough to catch the lice - size indicated below – do not confuse lice or their eggs with clumps of dandruff or other debris.



- Check the comb for lice after each stroke as you work through the hair section by section, so that the whole head of hair is combed through, then rinse out the conditioner and repeat the combing procedure in the wet hair.
- This can be undertaken on a regular basis – eg. At routine hair washing sessions - to detect the presence of lice before they can spread. Check all family members at the same time and arrange treatment when lice are found

Treatment

If you find lice, then there are two options. Whichever option you choose it is important to recognise that neither will protect against re-infection if head to head contact is made with someone with head lice at a later date. You may therefore wish to undertake occasional checks during hair washing sessions.

Option 1: Lotions and creme rinses using insecticides

- Do not use lotions or rinses unless you find a living moving louse. Check all close family/friends by the "wet combing" method, as described, and treat anyone who is found to have lice at the same time, to prevent re-infection.
- Ensure you have enough lotion/rinse to treat all those affected and follow the instructions on the packet carefully, eg. as to how long the treatment must remain on the hair to be effective, how often you may apply the product etc.
- The product may be capable of killing eggs, as well as lice, but there is no certainty of

this. Check for baby lice hatching out from eggs 3-5 days after you use it, and again at 10-12 days.

- If the lice appear to be unaffected by the product (some lice may have developed resistance to a particular insecticide) or if the problem persists - then you should take advice from your local school nurse, health visitor, pharmacist or GP, who will be able to advise you on alternative treatments and explain how to use these to best effect. You should seek advice where whoever is being treated is either Under 1 year of age, suffers from asthma or allergies, or is pregnant or breast feeding.

Option 2: The "Bug Busting" treatment method

This aims at systematic removal of live lice by combing through the hair and physically removing any lice found. Success depends largely upon adopting a painstaking approach - as described in the "Bug Buster" kit. The kit, which includes an illustrated guide and combs, is available from some pharmacies, and by mail order from:

Community Hygiene Concern
 160 Inderwick Road, London, N8 9JT
 Bug Buster: Help Line: 020 8341 7167
 Fax: 020 8292 7208
www.chc.org/bugbusting
 Charity reg. no: 801371

- Only one kit is required for a family and it is reusable. Four sessions spaced over 2 weeks are required to clear the lice, as long as the person does not catch more lice, in which case half-weekly sessions must continue.
- Some schools find it helpful to adopt a whole-school approach (where all parents check their children and family members on the same evening and treat as needed), A "Bug Buster" Teaching Pack is available to assist this process. For further information send three 2nd class stamps loose, plus a self-addressed sticky label to the above address.
- Taking part on "Bug Busting" days can help to prevent lice circulating, ie. if all cases are identified and treated successfully at the same time there will be fewer opportunities for lice to circulate amongst children and their families.

Facts

- Head lice *are* small, six-legged wingless insects, pin-head size when they hatch, less than match-head size when fully grown and grey/brown in colour. They are difficult to detect in dry hair even when the head is closely inspected. They very often cause itching, but this is not always the case, particularly when recently arrived on the head.
- Head lice cannot fly, jump or swim, but spread by clambering from head to head. Anyone with hair can catch them, but-children who have head to head contact, either at school or during play, *are* most commonly affected.

- Head lice feed by biting and sucking blood through the scalp of their host. The female louse lays eggs in sacs (nits) which are very small, dull in colour, and well camouflaged. These are securely glued to hairs where the warmth of the scalp will hatch them out in 7-10 days. Empty egg sacs are white and shiny and may be found further along the hair shaft as the hair grows out. Lice take 6-14 days to become fully grown, after which they are capable of reproduction.
- Head lice are not fussy about hair length or condition. Clean hair is therefore no protection, although regular (eg. weekly) hair washing and combing sessions offer a good opportunity to detect head lice, and arrange treatment if discovered.

Head Lice

Lice hang on tight to the hair, usually close to the scalp where there is warmth, food and shelter from detection. Full grown lice take the opportunity to move from head to head during close contact. Younger lice tend to remain for about 6 days on the head where they have hatched.

Head lice need to maintain contact with a host in order to survive. Those lice that leave the host voluntarily, or fall off, are likely to be damaged or approaching death (their life span is about 3 weeks) and so unable to start a new colony. There is no need to wash or fumigate clothing or bedding that comes into contact with head lice.



*magnified photo of the human
head louse and louse egg (nit).*

If you *are* at all worried about head lice or feel you need more advice on how to cope, then you should consult your school nurse, health visitor, pharmacist or family doctor.

Further copies of this leaflet maybe obtained from:
Department of Health, PO Box 777, London SE1 6XH
Fax: 01623 724 524 (Email: doh@prolog.uk.com)