Previous Knowledge	Balanced diet					
Lesson Number	Title	Lesson Objectives	Content	Key words	Assessment/Homework	
1	Energy transfers and stores	How is energy stored and moved?	 Describe the different ways in which energy is transferred Different ways in which energy is stored Recall the law of conservation of energy 	 Chemical energy Thermal energy EPE GPE Nuclear energy 		
2	Energy from food	How do Our bodies use energy?	 Recall that our bodies need energy, which we get from food Explain why different people need different amounts of energy from food Recall units for energy (J) (kJ) 	EnergyJouleBalanced diet	20 Mark Quiz (Exploring Science)	
3	Fuels	Where do fuels come from?	 Describe what fossil fuels are and how they are made Discuss why fossil fuels are non-renewable Discuss advantages and disadvantages of using fossil fuels 	Fossil fuelOilCoalGas		

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4	Other energy resources	What other energy resources are available?	 Discuss other forms of renewable energy sources Discuss advantages and disadvantages of each 	 Solar power Wind turbines Nuclear Geothermal Hydroelectric 	Teacher Assessed 15 marks: Writing a comparison and justifying a conclusion				
5	Using resources	Which energy resources should we use?	 Describe advantages and disadvantages of different energy resources Describe some ways of using less fossil fuel Explain what is meant by efficiency 	efficiency					
Revision and Assessment									
Where we will use these ideas again	KS4: Physics: Unit 1 - Energy: KS4: Chemistry: Unit 7 - Hydrocarbons		4.1.2.1 4.7.1.1	4.1.1.1	4.1.3				
	KS4: Biology Unit 1 - Cells		4.4.2.1						