|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Unit / topic | Working towards the skills and knowledge needed | Acquiring the skills and knowledge needed | On track with the skills and knowledge needed | Advancing the skills and knowledge needed | Extending the skills and knowledge needed |
| Team Sports netbadnkcsdjksdscdsdss | I can label 1 muscle on the body.  I can do the basic passes.  I can bounce the ball and catch it while stationary.  I can throw/kick at a target.  I can play a basic passing game in a small group.  I can identify some basic actions.  I can identify how my body feel when plays the sport, | I can understand why we warm up.  I can label 2 muscles on the body.  I can perform all the basic passes with success most of the time to a stationary partner.  I can perform throw-ins.  I can dribble in a straight line with my dominant hand/foot.  I can look for space and run into it.  I can identify who I should be marking.  I have a very basic knowledge of the rules.  I can watch my partner and say what their strengths are. | I can describe the importance of a warm up.  I can label 3 muscles on the body.  I can pass the ball to my partner in variety of ways over a short and long distance.  I can pass the ball to my partner using the basic passes with accuracy.  I can catch the return pass most of the time.  I can pass the ball into space ahead of my team -mate.  I can throw the ball within 3 seconds most of the time.  I can dodge to get free from my marker.  I understand the correct footwork (pivot,3 steps)  I can identify what skills are being performed correctly and what skills are weaker.  I can sometimes show the correct technique when shooting . | I can explain why we warm up and the effects it has on our body.  I can label 4 muscles on the body.  I can do all the basic passes with accuracy.  I can catch the ball all the time.  I can identify the different positions and where they start.  I can create space to receive a pass.  I can show a variety of dodges ‘faint ‘and ‘backwards’.  I can show knowledge of a penalty pass or shot.  I can show some knowledge of strategies.  I can umpire using basic rules.  I can show that I have began to use tactics in a game.  I can play in a small activity and show some understanding of attacking and defending.  I can dribble with my dominant hand and sometimes with my weak hand.  I can show the correct technique when shooting most of the time. | I can lead stretches to a small group.  I can label 5 muscles on the body.  I can understand when to use all the basic passes in a game with good speed and timing.  I can use the passes with a fake pass as well.  I can show a variety of dodges.  I can link well with my team-mates when attacking and defending.  I can pivot and balance very well when receiving a catch on the move.  I can show the correct technique when shooting all of the time.  I can perform different shots and passes with my strong and with my weak hand.  I can play defensively.  I can describe strengths and weaknesses in a performance and suggest a variety of ideas for improvement. |
| *2.* | I can label 1 muscle on the body.  I can throw the ball up to myself.  I can do an underarm bowling action.  I can hold the bat/racket correctly.  I can throw over arm.  I can sometimes hit a ball from a self feed.  I can take a simple catch.  I can run in the correct direction.  I can sometimes score a point.  I can show knowledge of some of the rules. | I can understand why we warm up.  I can label 2 muscles on the body.  I can hold the bat/racket correctly.  I can swing at the ball and sometimes make contact.  I can hit the ball harder if I self feed.  I can throw the ball more accurately to a target.  I can sometimes throw the ball to get a player out.  I can sometimes catch the ball when fielding.  I can run with speed.  I can watch my partner ad say what they are good at. | I can describe the importance of a warm up.  I can label 3 muscles on the body.  I can hit the ball with some consistency but they lack power.  I can show some understanding of hitting the ball into space.  I catch some of the balls straight of the bat.  I can throw the ball overarm for at least 20m.  I can use basic tactics when fielding and batting.  I understand some basic rules.  I can identify what skills are being performed correctly and what skills are weaker. | I can explain why we warm up and the effects it has on our body.  I can label 4 muscles on the body.  I can hit the ball with more success.  I can place the ball into space with more power.  I can make good catches and also catch the ball above my head.  I can block the ball travelling across the floor, using the correct technique.  I can play a variety of positions.  I can help devise different tactics with my team when batting.  I can communicate with my team when fielding.  I can identify some good and bad skills and say what changes would help. | I can lead stretches to a small group.  I can label 5 muscles on the body.  I can hit the ball most of the time.  I can hit the ball into different spaces mainly with my strong hand.  I can hit the ball with more power making the ball travel 20-30m.  I can throw the ball over 30m.  I can show a variety of bowling styles including fast and slow.  I can sprint between stubs/posts.  I can umpire a game checking for no-balls and stump outs.  I can tactically set my team out when fielding.  I can describe strengths and weaknesses in a performance and suggest a variety of ideas for improvement |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Unit / topic | Developing the skills and knowledge needed | Consolidating the skills and knowledge needed | Securing the skills and knowledge needed |  | Extending the skills and knowledge needed |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |