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| Unit / topic | Working towards the skills and knowledge needed | Acquiring the skills and knowledge needed | On track with the skills and knowledge needed | Advancing the skills and knowledge needed | Extending the skills and knowledge needed |
|  | I can understand why we warm up.I can label 2 muscles on the body.I can perform all the basic passes with success most of the time to a stationary partner.I can perform throw-ins.I can dribble in a straight line with my dominant hand/foot.I can look for space and run into it.I can identify who I should be marking.I have a very basic knowledge of the rules.I can watch my partner and say what their strengths are. | I can describe the importance of a warm up.I can label 3 muscles on the body.I can pass the ball to my partner in variety of ways over a short and long distance.I can pass the ball to my partner using the basic passes with accuracy.I can catch the return pass most of the time.I can pass the ball into space ahead of my team -mate.I can throw the ball within 3 seconds most of the time. I can dodge to get free from my marker.I understand the correct footwork (pivot,3 steps)I can identify what skills are being performed correctly and what skills are weaker.I can sometimes show the correct technique when shooting . | I can explain why we warm up and the effects it has on our body.I can label 4 muscles on the body.I can do all the basic passes with accuracy.I can catch the ball all the time.I can identify the different positions and where they start.I can create space to receive a pass.I can show a variety of dodges ‘faint ‘and ‘backwards’.I can show knowledge of a penalty pass or shot.I can show some knowledge of strategies.I can umpire using basic rules.I can show that I have began to use tactics in a game.I can play in a small activity and show some understanding of attacking and defending.I can dribble with my dominant hand and sometimes with my weak hand.I can show the correct technique when shooting most of the time. | I can lead stretches to a small group.I can label 5 muscles on the body.I can understand when to use all the basic passes in a game with good speed and timing.I can use the passes with a fake pass as well.I can show a variety of dodges.I can link well with my team mates when attacking and defending.I can pivot and balance very well when receiving a catch on the move.I can show the correct technique when shooting all of the time.I can perform different shots and passes with my strong and with my weak hand.I can play defensively.I can describe strengths and weaknesses in a performance and suggest a variety of ideas for improvement. | I can plan a warm up and stretches to a small group.I can label 5 muscles on the body.I can perform quality passes at the right time and with consistency and precision.I can do any of the basic passes whilst on the move with a partner. I can show that my footwork skills are excellent.I can show that I have very good balance and agility.I can play attacking and defending roles.I can shoot well and shoot form a variety of positions around the semi-circle/key.I can umpire a game to a decent standard.I can explain, using the appropriate terminology, strengths and weaknesses in my own performance and others .I can suggest ways to improve performances. |
|  | I can understand why we warm up.I can label 2 muscles on the body.I can hold the bat/racket correctly.I can swing at the ball and sometimes make contact.I can hit the ball harder if I self feed.I can throw the ball more accurately to a target.I can sometimes throw the ball to get a player out.I can sometimes catch the ball when fielding.I can run with speed.I can watch my partner ad say what they are good at. | I can describe the importance of a warm up.I can label 3 muscles on the body.I can hit the ball with some consistency but they lack power.I can show some understanding of hitting the ball into space.I catch some of the balls straight of the bat.I can throw the ball overarm for at least 20m.I can use basic tactics when fielding and batting.I understand some basic rules.I can identify what skills are being performed correctly and what skills are weaker. | I can explain why we warm up and the effects it has on our body.I can label 4 muscles on the body.I can hit the ball with more success.I can place the ball into space with more power.I can make good catches and also catch the ball above my head.I can block the ball travelling across the floor, using the correct technique.I can play a variety of positions.I can help devise different tactics with my team when batting.I can communicate with my team when fielding.I can identify some good and bad skills and say what changes would help. | I can lead stretches to a small group.I can label 5 muscles on the body.I can hit the ball most of the time.I can hit the ball into different spaces mainly with my strong hand.I can hit the ball with more power making the ball travel 20-30m.I can throw the ball over 30m.I can show a variety of bowling styles including fast and slow.I can sprint between stubs/posts.I can umpire a game checking for no-balls and stump outs.I can tactically set my team out when fielding.I can describe strengths and weaknesses in a performance and suggest a variety of ideas for improvement | I can plan a warm up and stretches to a small group.I can label 5 muscles on the body.I can throw the ball with accuracy and speed.I can hit a ball into a number of spaces with power.I can attempt a backhand with some success.I can show different batting stances.I can catch a variety of passes and balls that are hit to me.I can block a ground pass and field it quickly to the right person.I can pick up a moving ball and aim it toward the correct position.I can plan strategies and set plays to help my team win.I can place my fielders into different positions depending on the play.I can umpire a game in the two different positions.I can explain, using the appropriate terminology, strengths and weaknesses in my own performance and others .I can suggest ways to improve performances. |
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| Unit / topic | Developing the skills and knowledge needed | Consolidating the skills and knowledge needed | Securing the skills and knowledge needed |  | Extending the skills and knowledge needed |
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