



# GREENSHEET



No. 03/21

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22 October 2021

Week 'A'

## SCHOOL CALENDAR 2021-2022

### Autumn Term 2021

Wednesday  
1 September  
2021 to  
Friday 17  
December  
2021

### Half Term

**Monday**  
25 October  
2021 to  
Friday 29  
October 2021

**Friday 26  
November**  
Whole school  
closure

### Winter

**Holiday**  
Monday  
20 December  
2021 to  
Monday  
3 January  
2022

## Headteacher's Message

Dear Parents, Carers and Students

I want to begin by thanking you all for your support this half-term. Despite the challenges of COVID and a return to a more 'normal' school routine, your daughters have continued to show resilience and I hope you feel that they have settled happily into the routines of school life. I know that they have enjoyed rediscovering extra-curricular activities, which are published on the [website](#) (you can also see the timetable below) as well as new areas of the building and the school grounds.

Staff are working hard to ensure that the girls have stimulating, exciting lessons where they will be actively engaged in learning and will really enjoy and challenge themselves. Over the last week, I've seen those 'wow' moments in the classroom: the sense of awe in a Year 8 class as they learned about how refraction helps to make a rainbow, and a moonbow; the delight on the faces of Year 7 students in maths as they explained the challenges of learning about the Fibonnaci sequence; a drama lesson where students were engaged in performance and discussion about friendship issues and had understood the role of the antagonist in a text. Thank you to those parents who allowed their daughters to support us as speakers, guides and in classrooms on Open Evening. This was a popular event and the girls were exceptional once more in the polite and articulate way they dealt with members of the public.

Thank you for continuing to support the school in keeping everyone safe by ensuring that you daughter brings a mask to school.

After half-term, we will continue to issue masks on the gate and at student services when masks are broken, but would ask that you ensure your child is prepared. Given the rising number of cases, we will be giving behaviour points to students who do not wear masks in public areas in order to encourage all students to 'do the right thing'.

Thank you to the four parents who stood in our Parent Governor Election, and for all our parents/carers for voting. I am delighted to announce that Edyta Ballantyne has been elected to our Governing Body and joined us for our first meeting on Tuesday. We look forward to Edyta's contributions as both a parent and a fellow educator.

I hope you enjoy this week's Greensheet which reflects some of the richness of our work this half-term. I want to take this opportunity to wish you and your families a well-deserved rest.

Ms H Marriott  
Headteacher

Monday					
Club	Time	Year Group	Lead Staff	Week A/B	Location
Netball	12.30 - 13.00	8	Ms T Scully	Both	Sports Hall
Netball Fixtures	15.30 - 16.30	All	Ms T Scully	Both	Sports Hall
Voice	13.00 - 13.30	All	Ms H Bradshaw	Both	W33
Debating Club	12.30 - 13.15	7, 8 & 9	Mr Morrow	Both	S11
Tuesday					
Club	Time	Year Group	Lead Staff	Week A/B	Location
Netball	12.30 - 13.00	10 & 11	Ms G Heron	Both	Sports Hall
Netball Fixtures	15.30 - 16.30	All	Ms T Scully	Both	Sports Hall
Ceramics	12.30 - 13.10	7	Ms A Willis	Both	F36
Drama	12.40 - 13.20	7 & 8	Ms C Wallace	Both	G10/F11
Art Catch Up	15.30 - 16.30	10	Ms A Willis	Both	F36
Maths Support	15.30 - 16.30	All	Mr C Salmon	Both	F48
Into Film	15.30 - 16.30	9	Ms S Durham	A	G35
Glee Club	15.45 - 16.45	All	Ms H Bradshaw	Both	W33
String Group	15.45 - 16.45	All	Mr S Lee	Both	W33
Programming	12.45 - 13.25	7 & 8 (15 spaces)	Ms N Shafiq	Both	F14
Wednesday					
Club	Time	Year Group	Lead Staff	Week A/B	Location
Netball	12.30 - 13.00	9	Ms L Wood	Both	Sports Hall
Netball Fixtures	15.30 - 16.30	All	Ms T Scully	Both	Sports Hall
Spanish KS3	12.45 - 13.15	7, 8 & 9	Ms E Conde-Pijal	Both	F24
French KS3	13.00 - 13.30	7, 8 & 9	Ms R Dlaw	Both	F24
Amnesty Group	15.30 - 16.30	All	Mr D Shackson	B	S10

Thursday					
Club	Time	Year Group	Lead Staff	Week A/B	Location
Netball	12.30 - 13.00	7	Ms T Scully	Both	Sports Hall
Netball Fixtures	15.30 - 16.30	7, 8 & 9	Ms T Scully	Both	Sports Hall
KS3 Football Club	15.30 - 16.30	All	Ms T Scully	Both	Sports Hall
Philosophy KS4	15.30 - 16.30	10 & 11	Mr C Caps	A	S10
Philosophy KS3	15.30 - 16.30	7, 8 & 9	Mr C Caps	B	S10
Art Catch Up	15.30 - 16.30	11	Ms A Willis	Both	F36
Art Catch Up	15.30 - 16.30	10 & 11	Ms A Willis	Both	F36
Spanish KS4	12.45 - 13.15	10 & 11	Ms E Conde-Pijal	Both	F21
French KS4	15.30 - 16.00	10 & 11	Ms R Dlaw	Both	F21
Orchestra	15.45 - 16.45	All	Ms H Bradshaw	Both	W33
Friday					
Club	Time	Year Group	Lead Staff	Week A/B	Location
Badminton	12.30 - 13.00	All	Ms G Heron	Both	Sports Hall
Chess Club	12.30 - 13.30	All	Ms J Connal	Both	G63/F55
Green Club	12.30 - 13.00	All	Mr R Sterlini	A	S08
WSFG Musical Rehearsal	15.45 - 17.30	All	Ms E Cornford	Both	W33

## **Free School Meals**

### **What are Free Schools Meals?**

Under current rules, if parents/carers receive any of the following support their children may be entitled to receive free school meals:

- **Income Support**
- **Income-based Jobseeker's Allowance**
- **Income-related Employment and Support Allowance**
- **Support under Part VI of the Immigration and Asylum Act 1999**
- **The guaranteed element of Pension Credit**
- **Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)**
- **Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit**
- **Universal Credit - if you apply on or after 1 April 2018 your household income must be less than £7,400 a year (after tax and not including any benefits you get)**

### **What does this allow you to buy in school?**

The Free School Meal allowance is applied to eligible student accounts just before the lunchtime period. The money will allow a student to purchase a hot meal or cold sandwich or baguette from the canteen at lunchtime only.

### **What if my daughter wants additional snacks?**

The cost for any additional purchases must be paid by the parent/carer by adding money to their daughter's account, preferably via sQuid.

**Students must not go to the dining hall at breaktime expecting to make snack purchases with the lunchtime free school meal funds.** Breaktime snacks are available but must be purchased from money applied to their account by a parent/carer.

Mrs Jolliffe  
Student Services

## Redbox Project

WSfG is pleased to restart the Redbox project for all tutor groups across the school. As you may know, the Redbox project provides a much needed service giving all students access to sanitary products in a discrete manner.

The Redbox project has proved a very popular service in the past, and students have highlighted how important it is to have access to sanitary products when needed.

Unfortunately, the charitable funding for this project is no longer available.

Therefore, we would like to ask anyone in our school community who is able to donate any of the following products to the school's Redbox Project:

- Sanitary pads (new, closed packs)
- Tampons (new, closed packs)

If you would like to donate any of the above products, please send them in with your child to school. Your child should bring them to Student Services, where the products will be distributed across tutor groups to ensure every student has access to sanitary products when needed.

In addition, a supply of sanitary products will be available via Student Services for any student who needs them.

We hope you feel able to donate to this important project to ensure all students have access to these essential products whenever needed.

Ms R Schaber  
Associate Assistant Headteacher

**We are collecting  
donations for  
The Red Box Project**

**Thank you for donating packets of  
Sanitary Towels and Tampons.**

The Red Box Project is part of a nationwide  
attempt to end period poverty.

Drop your donations here to help us ensure  
that no young woman misses school because  
of her period.



## Faculty News

### MFL - The Great European Bake Off

Last month, the Modern Foreign Language Faculty hosted a range of activities to celebrate European Day of Languages. The day started with a whole school live Kahoot! European Day of Languages quiz which took place during registration time. The form groups battled it out to be the at the top of the leader board. The winning form in each year received Green points and a box of chocolates to share! A huge congratulations to the winning form groups: 7G, 8F, 9F, 10S and 11S.

At break and lunchtime, the whole school was invited to sample a selection of European food in the canteen. The breaktime menu featured French *pain au chocolat*, Spanish *croquetas* and Italian *Bruschetta*. At lunchtime students were able to enjoy some English Fish and chips, German BBQ chicken cooked on *sauerkraut* and Polish *Lazanki*.

The MFL faculty encouraged all teachers in the school to greet their classes in other languages throughout the day and provided teachers with a 'How to' guide on pronouncing these languages.

The Spanish and French KS3 language clubs were also launched on Friday with a special European Day of Languages club. The students played the 'Spoon Game' in teams. Each team was named after a continent. Students had to nominate one member from their team for each question.

Round 1 'Name the flag' asked students to identify the flag and the first one to know had to pick up the spoon. Round 2 'Name the language of the song' challenged students to identify the language of a song. As in round 1, the fastest person to pick up the spoon would get to answer. The girls thoroughly enjoyed the club and wanted to stay for another round!



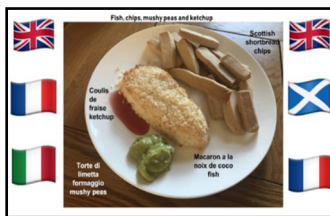
The highlight of the day had to be WSfG's first ever 'Great European Bake Off' competition. Students were asked to pick a country of their choice and bake a cake at home that represents that country. These could be decorated with flags, words, monuments and even more! Students baked the cakes at home and uploaded a photo of their baked goods. The MFL faculty were overwhelmed by the fantastic array of cakes that were shared online. Three Green points were awarded for all entries. Ms. Marriott had the very tough decision of judging the entries in order to find the star bakers!

After much deliberation, we are pleased to announce the winners:

Year 7 – *Ada 7S*

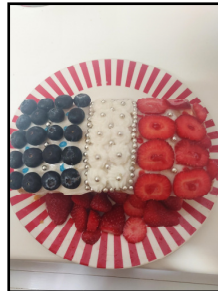
*Elin 7F*

*Emi and Ivy 7C*



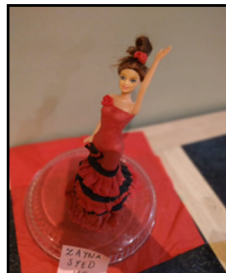
Year 8 – *Charlotte 8C*

Year 9 – *Charlotte 9G*



Year 10 – *Tanvi 10S*

Year 11- *Zayna 11G*



Staff were also able to join in on the Bake Off and brought their own baked goods into school to raise money for Macmillan Cancer Support as part of their annual coffee morning. A grand total of £170 was raised for the charity. The cakes were judged by the MFL faculty on appearance and taste and we are happy to announce the winners:

Ms. Bourboin



Ms. Schaber



A big well done to all participants! We look forward to return of the Great European Bake Off in 2022!

Ms Rafferty  
Head of MFL

Here are some of the other great staff entries:



## Black History Month Maths—Oware

Students in year 7 are currently learning how to play the game Oware during their maths lessons. Year 8 will follow suit in November, having missed out on this last year due to the pandemic. Here is some feedback from 7B/Ma3:

*Karibuni!*

(Welcome everyone in Kiswahili)

*I have enjoyed playing Oware because it is a great experience to learn about different cultures in maths lessons. I haven't won any games yet but I know that if I persevere and practice I will master the game and improve my skills. The game involves winning seeds. You need a strategy in order to win or you can easily be tricked!*

*Zadia 7C*



*Oware is an African board game played in many parts of Africa.*

*It's not as hard as you would have thought it to be, and when you get the hang of it, it becomes a joy to play whether it's on computer or not. The board is made up of six recesses on each side, and in those recesses are four small white beans.*

*The winner must have 25 beans; however, if you end up getting twenty-six don't worry as it still counts as a win! Hopefully, you and others will enjoy it as much as I did and take more interest in it as you play it for a longer amount of time. I believe it is a great way to celebrate Black History Month as everyone is involved and even if you lose it doesn't matter seeing as you can always learn from your mistakes.*

*Martha 7H*



*Oware is an African board game that is played in a lot of different countries. We are playing it in maths to celebrate Black History Month. It's a lot of fun to play. In other countries it is called Mancala, Awale and Bao.*

*The game can be played anywhere, even on the beach, by making holes in the sand and using pebbles. I highly recommend the game. So far I have won one game and with practice, hope to win more. It was one of my best maths lessons!*

*Rosie 7H*

The Maths Faculty

## English Black History Month

After a discussion about whether it is important to study diverse literature in GCSE English, a group of Year 10 students wrote short articles to give their views on the topic—please read them below:

Ms Cato  
English Faculty

### **Should we study more diverse books? *Elvin 10C***

*Diversity is important. The world is global and diverse books in schools would allow students to build understanding of diverse cultures and educate them, this is significant to demolish casual racism in school and wider racism in future generations. The lack of diversity means students cannot explore unfamiliar cultures through literature.*

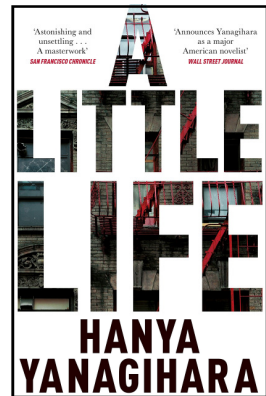
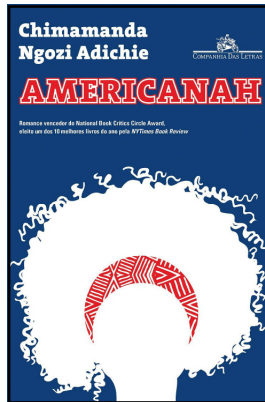
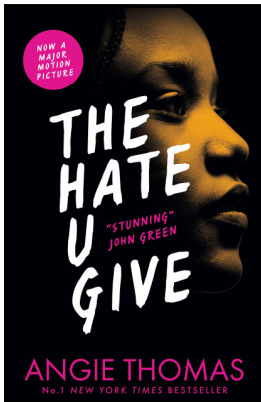
*Also, people all around the globe are brought up in different circumstances and environments, this would mean that books and poetry written by people from different ethnic backgrounds would delve into different sides of society and could speak about topics relevant to them and their personal experience. This could be a good opportunity for students at youthful age to develop understanding. We need to instruct children about these things, to see change. If the school curriculums do not get varied, children will lack the understanding of the importance of embracing your culture.*

*Imagine a young child, in school, dreaming of becoming a writer but being put off when they see a lack of representation and therefore think that their ethnic background could prevent them from doing the things they love. This is what is happening to many students in the current generations. Not seeing people from your culture can be off putting for many young people and in the same way we teach women in STEM and encourage girls to pick men dominated areas of study, we should also encourage children with diverse backgrounds by showing successful people from similar backgrounds.*

*I am sure many of my fellow students can agree on the points I have made and would be delighted to further expand on them. I know that I am not the only person that feels this way and change needs to come.*

*This could simply be one by changing some of the books and poetry on GCSE curriculum to be written by people from more diverse influences. Some books I have come across while*

*research is- The Hate U Give by Angie Thomas, Americanah by Chimamanda Ngozi Adichie and A Little Life by Hanya Yanagihara. These are just a few examples of the books that could be incorporated into the syllabus.*



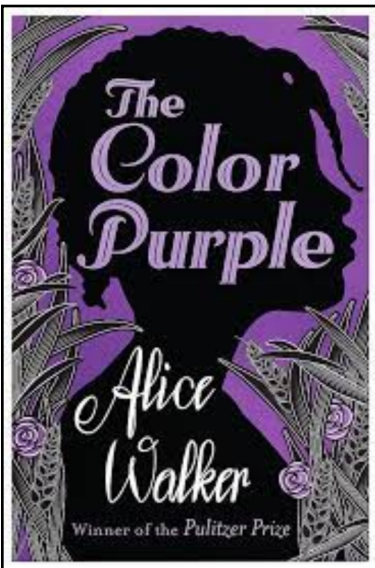
### **Should we study more diverse books? Zoe 10C**

*Yes. Yes! We should study more diverse books. It can develop understanding and tolerance that would otherwise be more prominent in our society if we stay in a little, sheltered 'British' bubble that some people are arguing for.*

*They say that if we are in Britain, we should study British books, by British authors. Britain is however a very diverse place and many people that live in Britain are from other countries as well. I, as well as many others, feel it is important that people feel well represented, whether in the media, in toys, in books or in the curriculum. There are lot and lots of non- white authors who talk about their experiences and their lives with Black and Asian characters, yet at the moment there are only white authors in the curriculum with white characters or when there are Black characters, they are negatively represented. The world is now a more global place, so it makes sense to read books that give insight into the lives and thoughts of people from a variety of cultures and countries.*

*I am currently reading 'The Color Purple' by Alice Walker as part of the school's Global Book Club. The book follows a young black woman named Celie living in America in the early to mid 1900's. The book is a brutally honest tale of what life was like for Celie and how normalized abuse was all throughout her life. The book makes the reader very aware of how tough the lives of many young black women were at that time and through history. The way the book is written makes you feel very emotionally connected with the character and you feel immensely proud of how she develops strength having gone through so much.*

*Alice Walker herself is a very inspirational woman- she is a novelist, a poet and an activist winning the Pulitzer Prize for Fiction in 1982 for her novel 'The Color Purple', making her the first African-American woman to win the award. Studying books like hers will build understanding and tolerance in the lives of everyone.*



## Should we study more diverse books? **Sara 10H**

*Diversity matters because we need to see outside our own little world to make a difference in this life on a small and large scale.*

*Diverse books are incredibly important, especially for us students, who are looking to see their own lives reflected in literature to know they are not alone, and to introduce new thoughts and ideas so they know there is so much more to our beautiful world. Diverse books are important for a way to walk in another's shoes, and learn about another's world and experiences.*

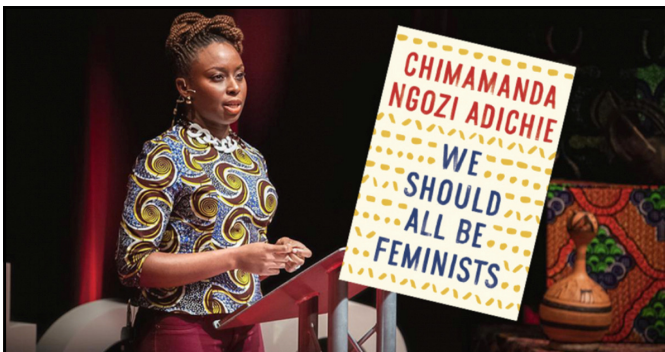
*They are a chance to see things from a perspective you may never encounter, in a place you may never go, and live in a culture you may never experience.*

*They help cultivate compassion, awareness, and understanding. They are a safe place to learn, love, and explore.*

*We can find ourselves in books, learn more about ourselves, and find our better selves that we aspire to be, often reflected in a character we identify with.*

*They teach us the kind of friends we want (and can be the link to finding them), good and bad ways of dealing with conflicts, and give us new things to think about in the way we view people and the world. Chimamanda Adiche wrote the book 'We Should All Be Feminists'. Chimamanda Adiche's strongly believed that females we should be feminists not only as a commitment to women's liberation but also as a way of encouraging men to hold conversations with women on sexuality, appearance, roles, and success. Being a feminist entails championing for the rights of women and trying to make the world a better place for women.*

*Themes of 'We Should All be Feminists': feminism, power, gender, gender expectations, coming-of-age, money, injustice, equality, masculinity, femininity, boys and girls, society, culture, tradition, society, socialisation, roles, ambition, shame.*



## Shaking Up Shakespeare 'Romeo and Juliet'

Earlier this month, the English faculty hosted a performance of 'Romeo and Juliet' by Shaking Up Shakespeare. All Year 11 students had the opportunity to watch, and participate in the performance.

A selection of 30 students were also selected by their English teachers to take part in an interactive workshop. It's always a fantastic event enjoyed by all, and the English faculty are very pleased to be able to host this event again!

Ms R Schaber  
Head of English



## Accelerated Reader News

**READING**

*is to the*

**MIND**

*what*

*exercise*

*is to the* **BODY.**

the famous quote



**Well done to all the Year 7 students who have already started quizzing.**

Reading should be both pleasurable and a way of extending learning. It can also help you relax and develop your empathy skills. Empathy helps you to understand the world and the people around you in a healthy, positive way.

It is important that you read at least **20 minutes** each day, as this will support your learning across all subjects.

**Molly, Zara, Coco, Aaliyah, Aicha, Audrey, Aiza, Abeera, Lucila, Aysha, Haby, Lilia, Albertine, Viktoria, Kanz, Ada, Georgina, Elizah, Sana, Rain, Elodie, Emi, Ella J, Mahida, Zaina, Aafia, Sumrah, Eleonora, Farrah**

Your AR login should be in your student planner and here is the link

<https://ukhosted56.renlearn.co.uk/2243312>

The key part of the link is ukhosted56, so check the top of your computer screen to see that it is 56.

I am looking forward to seeing more of our students engaging with reading.

Mrs Kelly, LRC.

**P.E.****Year 10/11 Netball Competitions**

A huge congratulations to the year 10/11 netball team who played brilliantly in all 3 games back to back last month.

Results:                      Year 11 WSFG V Holy Family: 14-3  
                                     Year 10 WSFG V Holy Family: 11/11  
                                     WSFG V Walthamstow Academy: 14-4

Well done to our team!

<i>Debra 10C</i>	<i>Rosie 11 W</i>
<i>Hannah 10C</i>	<i>Alina 11W</i>
<i>Aminah 10C</i>	<i>Emily 11S</i>
<i>Betty 10G</i>	<i>Rancia11F</i>
<i>Leigh 10G</i>	<i>Maria 11F</i>
	<i>Frances 11C</i>
	<i>Malika 11H</i>

The Year 10/11 netball team also played a fantastic game earlier this week and beat South Chingford 12-4. Well done to our team!

*Debra 10C*  
*Aminah 10C*  
*Hannah 10C*  
*Betty 10G*  
*Leigh 10G*  
*Malika 11H*  
*Frances 11C*

Ms Heron  
 PE Faculty

**P.E.****Year 9 Netball**

On Monday 4th October the Year 9 and the Year 10/11 combined netball teams travelled to Redbridge Leisure Centre for the WF Borough Netball Rally. The girls all worked extremely hard throughout the rally and gave 100% effort in each game. The Year 9 team finished in 4th place overall out of 5 teams. The year 10/11 combined team ended up with the same number of points as 2 other teams - all in 2nd place. When it went down to goal difference however they finished 4th out of 8 teams which is still a fantastic achievement.



Last month, the year 9 netball team played George Mitchell. This was their first game of the season. I am happy to say the following students worked together as a team and beat George Mitchell 7-5.

***Aayliah 9W- player of the match***

*Eliza 9W  
Yvette 9H  
Mari 9C  
Nyla 9H  
Rachel 9F*

*Miray 9F  
Amelia 9F  
Sabrina 9F  
Renea 9F  
Haniya 9F  
Isobel 9F*

Ms Wood  
PE Faculty

**To all budding netballers:**

On Wednesday evenings at Fredrick Bremer School Phoenix Flames Netball club. Please see Ms Heron for further details or look on: <https://www.phoenixflamesnc.com/>

## Recommended Reading

If you are wondering about what book to read next, then challenge yourself by choosing an author from one of these lists ...

HAPPENING

STUDY WITH US

PARENTS/CARERS

WORK FOR US

CONTACT US

AR Author  
Challenge

Adam, Paul  
Adams, Douglas  
Ahmed, Sufiya  
Aitken, Amber  
Aldridge, James  
Alton, Steve  
Ambrosio, G  
Anderson, R.J.  
Angelini, J  
Angelou, Maya  
Angus, Sam  
Arnold, Louise  
Arnott, Kathleen  
Ashley, Bernard  
Austen, Jane  
Bailey, Helen  
Barker, Dominic  
Barnes, J L  
Bawden, Nina  
Becker, Tom  
Benjamin, Floella  
Bertagna, Julie  
Black, James  
Blyton, Enid

AR Author  
Challenge

Bowen, James  
Boyne, John  
Bradford, Chris  
Brahmachari, Sita  
Breslin, Theresa  
Brittney, L.  
Brooke, Lauren  
Browne, N. M.  
Bryant, Ann  
Burchill, Julie  
Burgess, Melvin  
Bush, Penelope  
Byng, Georgia  
Cabot, Meg  
Capparucci, Dinah  
Carmody, Isobelle  
Carter, Ally  
Cary, Kate  
Cassidy, Anne  
Cast, P. C.  
Cavendish, Grace  
Chainani, Soman  
Chancellor, Henry  
Chatterton, Martin

AR Author  
Challenge

Child, Lauren  
Clare, Cassandra  
Clarke, Julia  
Clement-Moore, R  
Cohn, Rachel  
Coleman, Michael  
Colfer, Eoin  
Collins, Tim  
Cooper, Susan  
Corder, Zizou  
Cormier, Robert  
Cowell, Cressida  
Crane, Stephen  
Cruz, Melissa De La  
Dahl, Roald  
Dalton, Annie  
Dashner, James  
Day, Susie  
Deckers, Amber  
Dent, Grace  
Depp, Laurie  
Dessen, Sarah  
Dickens, Charles  
Donkin, Andrew

AR Author  
Challenge

Dostoyevsky, F  
Dowswell, Paul  
Earle, Phil  
Eliot, George  
Elliott, Patricia  
Falkner, Brian  
Farrant, Natasha  
Feasey, Steve  
Fennell, Emerald  
Fforde, Jasper  
Fitzgerald, F. Scott  
Fletcher, Charlie  
Flynn, Gillian  
Forester, Victoria  
Freer, Echo  
Friedman, Aimee  
Funke, Cornelia  
Gaiman, Neil  
Gantos, Jack  
Gardner, Sally  
Gatward, David  
Gavin, Jamila  
George, Jessica Day  
Gliori, Debi

AR Author  
Challenge

Godbersen, Anna  
Gogerly, Liz  
Goldberg Sloan, H  
Goldsmith, Dr  
Grant, Helen  
Grant, Pamela  
Green, John  
Grindley, Sally  
Grogan, John  
Guy, John  
Hale, Shannon  
Hardinge, Frances  
Hardy, Thomas  
Harrison, Cora  
Hartnett, Sonya  
Hawking, Lucy  
Hayes, S. B.  
Hearn, Julie  
Hearn, Lian  
Hedges, Carol  
Hemingway, E  
Hendry, Frances  
Hepburn, Sam  
Higgins, F. E.

The complete set of lists are available on our school website: <https://www.wsfg.waltham.sch.uk/page/?title=Recommended+Reading+%2E%2E%2E&pid=1197>

Many of these authors are available in local libraries, as well as our Learning Resource Centre (LRC).

## HELP OUR SCHOOL TO BUY MORE BOOKS and GIVE THE GIFT OF READING



You can buy books through our

**Scholastic Book Club by logging on to**

<http://schools.scholastic.co.uk/walthamstow-school>

to browse through the latest books and order online.

Students can also order in the LRC by cash, or pay by

**sQuid 'Book Club and Book Fair'.**

Books can be delivered to the school or to your home.

**THE SCHOOL ACCOUNT IS 'WSFG'**

For **every £1 you spend, our school will earn 25p** in Scholastic Rewards.

Please place your **order by 1st December, 2021.**

Thank you for your support,

O Kelly

## Teresa Conway – WSFG Student 2001-2006



Teresa studied Knitwear Design at Nottingham Trent University and is now designing C&B knitwear and yarn range, along with her school friend Nell Bliss, who also attended our school.

She is also editor of various magazines, including, *Easy Gardens, Homes & Gardens, Country Homes & Interiors, Ideal Home Style At Home*.



She writes : *'What I am most passionate about when it comes to gardening are the positive effects it has on our mental health to grow and care for plants. Keeping our patches alive with greenery is great for the environment too and help provide food and shelter for wildlife.*

*Finally, I find it to be such a wonderful opportunity to tap into my creative side and I love the feeling that I am crafting a space which has a life of its own. Audrey Hepburn summed gardening up perfectly when she said - **'To plant a garden is to believe in tomorrow'**.*

Now that our students can once again enjoy the benefits of spending time in our school allotment, I think we can all agree on this statement.

Mrs Kelly,  
LRC.

Here some links to Nell Bliss Story

<https://www.lovecrafts.com/en-gb/c/article/the-nell-bliss-story>



[The Nell Bliss Story - Making her own mark | Love-Crafts](#)

We sat down with knitting designer, Nell Bliss to chat about her journey into the knitting world, and her current collaborative collection with Paintbox Yarns. [www.lovecrafts.com](http://www.lovecrafts.com)

## School History

With food shortages and excess packaging the topic of conversation in recent months, this article by Joan M. Crowe (Morgan), provides us with a glimpse of the future of food and shopping in the 1954 *Iris* magazine. She writes about her summer spent in Ontario, Canada.

Ms Kelly,  
LRC Manager.

*Food habits are rather strange, they have gone to enormous lengths in order to get pure food with rather disastrous results. The bread is so pure that they've practically only starch left, so they have to put vitamins back in it! Milk is homogenized, which means it comes out looking like chalky water, tomatoes come in boxes of four or five, spinach already washed (?) in paper bags and so on. The bread is sweet, too, and rather like a sponge and the crust is almost non-existent.*

*The grocer near where I work is most magnificent, about as big as Bakers Arms' Woolworths (now Iceland). I got the shock of my life the first time I patronised it. I put out my hand to open the door and it jumped away from me; they have a photo-electric cell and beam which you cross and the door opens automatically- just like the one in the South Kensington Children's Science Museum. I've never see one elsewhere. They even have meat ready packaged and priced in that one. On the way out there are barriers; you unload your basket and the girl rings up all the items on an electric adding machine and puts them in an enormous paper bag; they are even selling special metal baskets on wheels called "bundle buggies" to take them home in. Every item is wrapped and I usually have a wastepaper bin full when I unload at home.*



## Community Events

SILVER CAPS  
ACCREDITED CLUB



AGES 10-14  
WEEKLY TRAINING SESSIONS

# AP SAINTS NC

LOCATION: LAMMAS SCHOOL AND SIXTH FORM, 150  
SEYMOUR ROAD, LONDON E10 7LX

DATE: EVERY WEDNESDAY STARTING 3RD NOVEMBER 2021  
Time: 5:30-7:30PM

JOIN US FROM 3RD NOVEMBER FOR FRIENDLY BUT INTENSE  
TRAINING SESSIONS TO IMPROVE BALL SKILLS, FITNESS AND  
TECHNICAL & TACTICAL SKILLS

COMPETING IN A COMPETITIVE DIVISION IN THE ESSEX MET  
NETBALL LEAGUE WITH FORTNIGHTLY MATCHES

TO JOIN EMAIL [SHANA.APSAINTS@GMAIL.COM](mailto:SHANA.APSAINTS@GMAIL.COM)

## **School Calendar Dates for 2021-2022**

### **Autumn Term 2021**

- Wednesday 1 September 2021 to Friday 17 December 2021
- Half Term: Monday 25 October 2021 to Friday 29 October 2021
- Monday 22 November: Vaccinations
- Friday 26 November: SCHOOL CLOSED
- Winter Holiday: Monday 20 December 2021 to Monday 3 January 2022

### **Spring Term 2022**

- Tuesday 4 January 2022 to Friday 1 April 2022
- Half Term: Monday 14 February 2022 to Friday 18 February 2022
- Spring Holiday: Monday 4 April 2022 to Monday 18 April 2022

### **Summer Term 2022**

- Tuesday 19 April 2022 to Tuesday 19 July 2022
- Monday 16 May– Friday 27 May: KS3 Exam Fortnight
- Half Term: Monday 30 May 2022 to Friday 3 June 2022
- Monday 06 June—Friday 24 June: 2022 Year 10 Exams

PLEASE NOTE THAT THESE DATES ARE SUBJECT TO CHANGE