

31 January 2020 Week 'A' Telephone: 020 8509 9446 Email: info@wsfg.waltham.sch.uk Website: www.wsfg.waltham.sch.uk Student Absence Line: 020 8509 9444



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Friday 3 April					
Thursday 6	HEADTEACHER'S MESSAGE				
February					
Year 9					
Options	Dear Parents and Carers,				
Evening					
11-16 -	This week began for staff with a School Forum Meeting attended by				
Half Term:	guest speaker Amy Smith, Head of Talent at Framestore (animation and visual effects company), who spoke to staff about career				
Monday 17 February to					
Friday 21	opportunities for our students. There is a need for Maths and				
February	Science specialists in creative tech industries, as well as the need for				
rebruary				eed for	
Tuesday 3	Arts graduates for science and engineering industries. Amy				
March	emphasised how important it is that we dispel ideas of traditional				
Fiends of	career paths to open our students up to alternative employment				
WSFG					
meeting	industries. Teachers then discussed how they could incorporate careers more across the curriculum and prepare for National				
6-7pm LRC					
0-7 pm LKC	Careers Week in March.				
Thursday 5					
March	Monday also marked 75 y	ears since	the liberation of Auschwi	itz with	
Year 8					
Parents/Carer	Holocaust Memorial Day.				
Subject	assemblies all week on th		•		
Evening	grave events that took pla	ace were a	result of a pervasive cult	ure of	
4:30–7pm	intolerance that had been	h built up fo	or a number of vears. Mr		
4.30-7pm	Shackson linked this histo	•	-	d	
			• •		
	informed students that, w	•			
	power to prevent acts suc	ch as the h	olocaust, their ability to s	how	
	tolerance to other people	is a powe	rful act in itself when an		

intolerant rhetoric is being enforced. As you can imagine, these assemblies were powerful, instructive and moving. Our in school screens have also been displaying the presentation across the school to re-inforce the visual message about individual stories.

On Wednesday, Year 10 students spent the morning taking part in MyBnk Money Twist, a financial education programme designed to get young people thinking about their current and future finances. Students gained a wide understanding of pay slips, national insurance, household costs and credit and debts. The Year 8 Basketball team played an exciting semi-final game against Holy Family after school on Wednesday, which I watched alongside some of our staff members. Our team kept the pressure on to the Holy Family team right up until the final whistle, but unfortunately narrowly lost 12-16. Well done to the team for becoming borough semi-finalists! Thank you to Ms Warren for supporting and coaching the team. Also, on Wednesday evening, Ms Cornford and Ms Bradshaw took a group of students to see the west-end musical Mary Poppins at the Prince Edward Theatre. The students enjoyed the magical performance, which last year they interpreted into a WSfG production at the school.

On Thursday, I attended the Ethical Leadership Summit at the Institute of Education in central London, along with our Chair of Governors, Ms Barker. The conference included discussions on examination ethics, ethics of a curriculum for all children, wellbeing and inclusion. It was an inspiring and informative event. After school on Thursday, we hosted the ambassador cluster event for LbQ (Learning by Questions). In the session, Mr Walker demonstrated to teachers from across Waltham Forest schools the benefits of incorporating the LbQ software into Maths education. Whilst the LbQ event took place, I attended a retirement event for a local Headteacher at Buxton School, Kath Wheeler. Kath has been in post as Head since January 2012 and has shown outstanding commitment to the borough and the young people residing in it. On behalf of WSfG, we wish Kath all the best for the future.

Finally, the week drew to a close on Friday with 10 students visiting Oxford University with Ms Robinson. They were accompanied by students from Kelmscott and Willowfield Schools. Students were given a tour of the university and took part in sessions to develop students' understanding of the application process and requirements for study at Oxford, which students have previously found helpful and motivating.

Wishing all a good weekend,

Ms M Davies Headteacher

Year 11 Summer 2020 GCSE Written Examination Timetable Monday 11th May - Wednesday 24th June

The Year 11 summer written examination period begins on Monday 11th May and finishes on Wednesday 24th June 2020. A copy of the timetable can be found on the school's website under 'Exams Information'.

Please be aware that all exams are set externally by exam boards and so the school cannot make any changes to the exam timetable and is not accountable for any changes made by the exam boards to the exam timetable.

It is also important to remember that exams cannot be rescheduled and so students must attend their scheduled exams.

Ramadan/EID

Ramadan is due to coincide with the GCSE exam period. It is important that students observing Ramadan are reminded that they can break their fast when their exams are taking place and make the time up at a later stage. EID is scheduled to fall during the May half-term and so EID should not affect the summer exams.

Mrs Brickett Examinations and Assessment Manager



Parent/Carer Information Student Leave During Term Time

A student's absence during term time can seriously disrupt the continuity of their learning. Not only does your child miss the teaching provided on the days they are away, they are also less prepared for lessons after their return. Consequently, there is a risk of underachievement which we must seek to avoid. The school does not authorise absence during term time for family holidays or trips abroad.

Parents and carers do not have the right to take their children out of school for holidays and the school will only grant leave of absence in truly exceptional circumstances.

A student who is absent for longer than ten days after an agreed return date, or without authorisation, can legally be removed from the school roll.

Parents or carers who take their child out of school without the authorisation of the Headteacher may face court action and a fine.

When considering whether or not to authorise leave of absence, the school will look at each case individually, taking into account a student's overall attendance, their stage of education, (e.g. examinations) and the reason for the absence. It is very rare that any student is granted leave of absence.

Leave of absence forms can be obtained from the school office and all requests should be submitted to the Attendance Manager **at least four weeks before the first day of the requested absence**.

Arrangements for trips should not be made before permission has been granted by the Headteacher.

Ms King Student Attendance Manager



SCHOOL NURSE DROP IN SESSIONS

Open to ALL students

Offering advice and support on a range of topics including:

Diet and Nutrition, Hygiene, Oral Health, Healthy Eating, Growth Check (Height & Weight), Relationships, General Health & Well-being & More...or perhaps you just fancy a chat?



Your school nurse is HAYLEY

Every Wednesday

Time: 12:30- 13:30 (lunchtime)

Room: G03

NELFT MISS No relation that Best care by the best people



Please follow our Facebook page- NELFT Waltham forest school nursing

Faculty News

Humanities News

Meat Free Monday...

We are excited to launch the introduction of "**Meat Free Mondays**" in conjunction with our caterers Olive Dining.

Martha 7S, has written a brief outline of why we are doing this:

Cutting our meat intake is an easy and effective way to help our environment by reducing our carbon footprint. Producing 100 grams of beef for example, releases up to 30 kilograms of greenhouse gasses including carbon dioxide, nitrous oxide and methane. These are key contributors to an enhanced greenhouse effect, itself a major driver of global climate change. By comparison, producing 100 grams of peas creates just 1 gram of greenhouse gasses.

Have a look at the menus in the canteen to see what exciting foods we have to look forward to in the coming weeks.

If you are interested in reading about the link between our diet and climate, have a look at the following article:

https://www.theguardian.com/environment/2018/may/31/avoiding-meat-anddairy-is-single-biggest-way-to-reduce-your-impact-on-earth

Mr Sterlini Head of Humanities Specialist Leader of Education



"Here is the Earth – Don't spend it all at once"

We are living at a time of unprecedented environmental concerns. Widespread habitat destruction, worrying levels of pollution, outdated and unsustainable methods of waste management and climate change are key issues which dominate our media, and many in our school community are concerned about this.

The past six months has seen the launch of WSfG Green Club, a drop-down day on climate change, the launch of 'Meat Free Mondays,' changes to packaging in our



canteen, improvements to schoolwide recycling practices and many students independently getting involved in climate change student demonstrations.

To further raise awareness of environmental issues, we are excited to announce the launch of a new school award focused on environment. Thanks to funding from a member of our alumni, Dawn Smith, we hope to make this an annual award with a trophy and prize going to the winner, as well as runners up prizes for second and third place.

Students are invited to submit a creative piece of poetry, artwork, music or prose of between 250 – 500 words to Mr Sterlini in the Humanities office **by Friday 28th February 2019**.

The best entries will then be forwarded to Dawn Smith, the awards sponsor, to select the winner and runners up.

The theme of the work is "Here is the Earth – Don't spend it all at once."

We hope to announce the winners shortly before Easter with prizes being awarded as follows:

First place – Trophy for young environmentalist of the year and £30 gift voucher. Second place - £15 gift voucher.

Third place - £5 gift voucher.

If you have any further questions, please speak to Mr Sterlini, Head of Humanities.

English News BBC Young Reporter

For the second week running one of our Year 10 students has won 'article of the week' through the Young Reporters scheme.



Ms Durham

GCSEs are one of the most stressful and tiring things that most teenagers in England, Wales and Northern Ireland have to go through. As a teenager in secondary school, you don't know what you want to be or do in the future, and you're told that if you don't pass your GCSEs, you'll fail your life and will never get a job. That may be true for some jobs, but I don't think I need to get grade 9s to become a professional sleeper- yes, that is a job, you get to lay and test bed mattresses by sleeping on them.

Most students go through two years of frustration, pressure and high expectations from teachers, parents/carers or from themselves. GCSE stands for 'General Certification of Secondary Education', but personally, I think it stands for:

God Can't even Save us from this Epidemic of modern day and normalised torture for students

There's no doubt that GCSE years are exhausting and mentally tiring. Being able to have the motivation to revise and study for tests is difficult, because most of us would rather watch an episode of Love Island, or binge watch a whole manga or anime series.

Not everyone knows how to revise or study efficiently, most people are bad at certain things, but good at other things, and for some people, they are "bad" at revising, because no one really tells you how to revise. Teachers will just suddenly tell you that you're doing a test on plant organisation, but you thought you've been studying about bacteria this whole time. Then you realise you have a week to revise and think that it will be fine, but then procrastination comes along; and then, you realise that the next period is the test, and you have done absolutely nothing, sounds familiar?

I am not here to say that I have mastered the art of revising, but I want to share some tips when revising to help you or give you suggestions, and my test results have gotten a bit better after I started doing some of these things.

Tips

• Don't leave revision 'till the last one or two days before the test! I'm guilty of doing this, procrastination really is a demon. It makes you think that everything will be fine and that you have a lot of time left, but then it tricks you, and leave you with stress and anxiety.

• Use study guides! I love using the CGP study guides. However, study guides can be expensive they can cost around five to fifteen pounds each; and so, if you buy a study guide for each of your subjects and topics, it could add up to more than a hundred pound! Therefore, I like to borrow them from the library, it's free at most places for students to make a library card, and most libraries will have a section for revision guides. Sometimes it's hard to find the section, so you may need to ask a librarian. This is can be helpful, since you will not only save money, but you can also study in the library for free! Moreover, there are free study guides online that are made by other people, and so you'll just have to do some digging and researching.

• Make cue cards/flash cards! Personally, I like to make my own cue cards, because it's fun to make and I can personalise them; and because it's cheaper. Cue cards are small therefore, I can bring them wherever I want. But if you don't want to carry cue cards you can download cue card apps, such as Quizlet. Even though I don't like using those apps as phones easily distract me, but it may work for you! Cue cards are useful as you can test yourself, or get others to test you. However, if using cue cards isn't your thing you can always do other things, obviously.

• Find a good revision environment or place! One of my favourite study spots is this café in Walthamstow, because I can eat, drink and relax there, plus, there is Wi-fi. Sometimes I go to the library, since its free and quiet. However, you don't need to go outside to study, you can study in your room, but sometimes you can get bothered by your parents or siblings. I prefer to study outside, as I like to go to outside and because I don't have a table in my room.

• Find things that helps you study! Using my laptop helps me study more effectively, because I like the feeling of typing and I sometimes like to organise my

notes online; plus, I get easily distracted when using my phone to search for information. Another reason is that laptops have a bigger screen than a phone, so it's easier to see things. Also, I like to use my pastel highlighters, this is because it keeps my notes neat and aesthetically pleasing. Furthermore, I like to have a drink near me, such as water or tea, to keep me hydrated. Certain objects may help you study better, for example, a blanket, stress ball, snacks etc.

• **Take breaks!** I take short breaks whenever I feel like it, during those breaks I sometimes watch this youtuber who does make-up whilst talking about true crimes. It's important to take breaks, so that you don't stress out yourself. You can watch your favourite youtuber, listen to songs or scroll through social media. Taking short breaks will help avoid becoming stressed and unmotivated.

• Do practice exam questions! It's important to do practice exam questions, so that you can know what it's like to under exam pressure . You can also time yourself to give you that exam feeling. For some people they can revise perfectly, but when it comes to the exam they may panic and not know what to do, so it's vital to practice putting yourself under that exam pressure. But don't stress yourself out.

Sites and resources

Here are some useful sites that I have used and found

• Free Science Lessons (Youtube) This man is a legend; he explains things very well and clearly in only just a couple of minutes. Good for last minute revision lol.

• Math Made Easy (Google/Online) It has loads of exam style questions and comes with answers

• Majority of the time there are **online copies** of books that you study in English, like An Inspector Calls, Jane Eyre, Romeo and Juliet. Sometimes you can even find labelled and annotated ones.

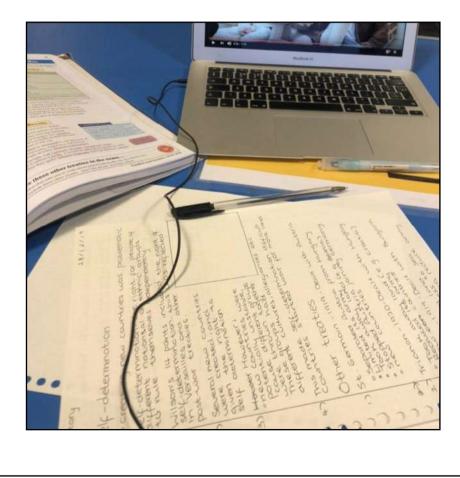
As I mentioned before you can find study guides online made by other people. There are also people who make videos online about subjects, and so you'll just have to do a bit of research and googling.

Conclusion

Finally, I just want you to know that not everyone can revise perfectly, and have their life sorted out. Sometimes things that happen in life can affect your study

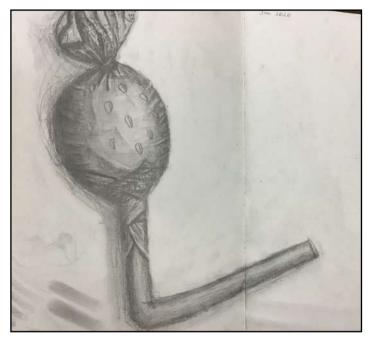
and that's totally understandable. Sometimes you need to take days off and take care of yourself. Especially, for people who suffer from with mental or physical health problems are dealing with situations at home, it can be very difficult to do and complete tasks. Everyone is going through different things, and no one can balance everything and do everything perfectly. It's okay to not do everything, it's okay to pause and look after yourself. Make sure to take care of yourself, to sleep well, eat enough, drink enough and do things that you love. Taking care of yourself can help motivate you to study. But of course, not everything is in your control, and all you can do is try. Your worth isn't dependent on that exam score. Try and do what you can! It isn't about being perfect, it's about trying.

By Jai-Ming 10F Walthamstow School for Girls



Year 8 Art Homework

A fantastic homework from one of our star Year 8 students *Alex*, this drawing would not be out of place in a GCSE sketchbook: Well done *Alex*!



Large Scale Lollypop

Ms Wills Head of Art

Obituary

It is with great sadness that we announce the death of Rita Staines, née Jago, former student (1950-1954) and former Alumnae Committee member.

Rita attended many Alumnae AGMs and helped at many events that the Alumnae were involved in. Rita was also a Classroom Assistant and Welfare Assistant at Coppermill Primary School. It has been a great privilege to have known Rita and to be part of her family. Rita is survived by her husband, son, daughter and grandchildren.

The Alumnae Committee will be making a donation to the charity, The Royal Institute for the Blind in her memory.

Ms Winter The Alumnae Committee

All Years - Barge Haybay Residential Trip Friday 12th June to Sunday 14th June 2020 PLACES ARE STILL AVAILABLE

We will be taking twenty four students on a residential activity trip to Essex.

We will be staying on a moored barge and taking part in outdoor activities such as climbing, canoeing and many more.



The cost of the trip is £100.

The trip is open to all students, but there are only twenty four spaces, so if you have not been on this school trip before and are interested and would like more

details, **please see Ms Famiglietti in** G68.





Some of the activities on offer:

Year 11 College Information

BSIX Open Day Saturday 1st February from 10am – 1pm Hackney's leading sixth form college Our mailing address is: BSix Brooke House Sixth Form College Kenninghall Road London E5 8BP WWW.BSIX.AC.UK



Year 11s interested in Studying Medicine King's College London offer a Pathways to Medicine Programme. This programme is designed to support students from Year 11 to help them eventually apply to study medicine. Applications are open and deadline is the 4th February.



https://www.imperial.ac.uk/be-inspired/student-recruitment-and-outreach/schools-andcolleges/students/on-campus-activities/programmes/pathways-to-medicine/applicationinformation/

Anglo European School Sixth Form

We have extended the application deadline for our International Sixth Form to

Friday 7th February.

If any students are interested in studying qualifications such as the International Baccalaureate Diploma, A Levels or our unique courses of A Level/IB (AIB) and International Baccalaureate Career Programme (IBCP), we would encourage them to apply.

Application forms can be found on our website http://aesessex.co.uk/sixth-form-admissions.

If you require further information on the details of the extensive range of subjects that we offer and their matriculation requirements, then these can be found on our website: <u>https://www.aesessex.co.uk/sixth-form/routes/</u>.

Our Admissions Manager, Mrs Smith, is also available to answer any questions on 01277 351914.

Anglo European School, Willow Green, Ingatestone, Essex, CM4 0DJ





Open Days

8th February FRA Level 2/3 Open Day

7th March FRA Level 4 & Degrees

Career of the Month Business Management!

This can span from retail stores to brand management. Key skills needed for this job role are; Leadership, Motivating, Delegation, and Communication.

> FRA courses: Level 3 Fashion Retail

Level 4 Fashion Retail (Marketing & Business) BA (Hons) Business Management for Fashion

We are excited to let you know we are now taking bookings for our free interactive workshops, which take your students through a series of specialist sessions on careers in fashion and the many varied job roles these within it.

> These interactive workshops are geared at Year 10, 11, 12 & 13

For more information or to book a visit from us, please email: Events@fra.ac.uk

We love to hear your outreach ideas! Let us know how we can help you reach your Gatsby Benchmarks. For more information on what we offer, please email: events@fra.ac.uk

Fashion Retail Academy, 15 Gresse Street, London, W1T 1QL, United Kingdom

School Calendar, Dates 2019-2020 Spring Term Monday 6 January to Friday 3 April Thursday 6 February Year 9 Options Evening Half Term: Monday 17 February to Friday 21 February Tuesday 3 March Friends of WSFG meeting 6-7pm LRC Thursday 5 March Year 8 Parents/Carer Subject Evening 4:30–7pm Thursday 26 March Year 10 Parent Carer Subject Evening 4:30–7pm Easter Holiday Monday 6 April to Friday 17 April Summer Term Monday 20 April 2020 to Friday 17 July Thursday 7 May Year 7 Parent Carer Subject Evening 4:30–7pm Friday 8 May **Exceptional Bank Holiday** Monday 11th May-Wednesday 24th June Year 11 GCSE examination Monday 11 - Friday 22 May KS3 Examination Years 7, 8 and 9 Wednesday 13 May Early Closure (except those students with exams)

Half Term: Tuesday 26 May to Friday 29 May

Monday 1 - Friday 26 June	Year 10 End of Year Examinations		
Wednesday 10 June	Early Closure (except those students with exams)		
	Staff INSET		

Staff INSET