



GREENSHEET



No. 29/18

Church Hill, Walthamstow, London, E17 9RZ

Telephone: 020 8509 9446

Email: info@wsfg.waltham.sch.uk

Website: www.wsfg.waltham.sch.uk

Student Absence Line: 020 8509 9444



10 May 2019

Week 'B'

SCHOOL CALENDAR Summer Term 2019 ends Friday 19th July 2019 Monday 13th May—Tuesday 18th June GCSE Examinations Year 11 Wednesday 15th May 2019 Early school closure at 2.30 for staff training Half Term: Monday 27th May 2019 to Friday 31st May 2019 Monday 3rd June—Friday 28th June Year 10 mock examinations Monday 1st July 2019 Early school closure at 2.30 for Staff Training	CONTENTS Headteacher’s Message Parent/Carer information Student information Ramadan information Garden club	PAGE 1-2 3-12 3-12 3 5	CONTENTS Faculty News School history Community events School Calendar	PAGE 6 9 10-11 12
	HEADTEACHER’S MESSAGE			

Dear Parents and Carers

It was another slightly shorter week at WSFG due to the second bank holiday falling within two weeks of the last which has been well received by staff and students alike, particularly those who celebrated the start of Ramadan on Sunday. This extra day has helped both students and staff ease into their new routine for the month, fasting alongside their studies and work. Ms Desbenoit’s article inside this edition gives some helpful advice to our students who are fasting this month, especially those who have examinations.

Thirteen Year 9 students were invited to Capgemini in Holborn on Thursday on a career insight trip organised by Ms Philippou. Capgemini is a multinational corporation based in France that provides a range of services, including consulting, technology and outsourcing and is at the forefront of business innovation. Our students were fortunate to be invited to the London base for the entire day and got an insight into a variety of aspects of the company, as well as, gaining an understanding of how a global corporation operates. My thanks to Ms Jean-Baptise and Ms Barbier for supervising students on this visit.

Our Year 7 Parent/ Carer consultation evening on Thursday was extremely well attended, and the front of house Year 7 students did an excellent job in greeting and registering parents. Staff were extremely pleased to have the opportunity to meet parents and carers and discuss how their daughters were getting on after eight months in the school.

Voting for our Parent Governor vacancies closed on Friday and I would like to thank all those who returned their slips and cast their vote. The counting of the votes took place shortly after with our Chair of Governors, Ms Gillian Barker present. The newly appointed Governors will be informed shortly and the names of the two new Parent Governors will be announced in the school bulletin and on the school website.

A final reminder to students and parents/carers that there will be an **early closure next week on Wednesday 15th May 2019** for staff training. Students will finish school after their period 4 lesson and will leave school at **2.30 p.m.**

Meryl Davies
Headteacher



WSFG allotment tidy up for more details see page 5

Ramadan



Ramadan Mubarak to all our Muslim students!

Ramadan, the holiest month in the Muslim calendar has started.

It is a month of self-discipline through fasting from dawn to dusk and offering late night prayers. It is also a month of sacrifice through charity giving and helping those less fortunate.

The decision to observe Ramadan is a personal one. If you have any concerns that fasting will have a significant impact on your health or well-being please seek advice.

Exams during Ramadan: 4 Tips for keeping well

Ramadan brings new challenges for Muslim students during the exam period. Getting organised and planning your time effectively during Ramadan can maintain your well-being and ensure exam success. Here are some top tips to help you through this period:

1. Plan your meals and nutritional needs

It is important to plan your meals and how you are going to meet your nutritional needs during Suhur (pre-dawn meal) and Iftaar (breaking of the fast meal). Getting the right balance of carbs, proteins, vegetables, fruits along with drinking plenty of water can have a significant impact on energy levels during the day.

2. Revise differently and plan ahead

You will need to work out a routine that works for you that factors in enough revision and rest time. Make a revision timetable that factors in rest periods during the exam period. You may have other responsibilities too so take those into account when planning. Lack of concentration, your mind wondering and feeling sleepy can occur during fasting. Revision cards, mind maps and other techniques can help condense essential information into bite size chunks that are easier to absorb.

3. Utilise your lunch times

Decide what you will do with this lunchtime. You could use this as a quiet revision time in the LRC or go to our Prayer and Contemplation room.

4. Take a break

It is essential you plan in a few breaks during your day. Regular breaks increase productivity, reduce stress and get you focused. In your break and lunch times, you could walk around our beautiful school. The fresh air will help you if you feel energy levels dip. Bring a friend and have a catch up!

Ms Desbenoit.

Head of Year 11 / Diversity Coordinator.

**Focus of the Fortnight
13 – 24th May 2019**

NO Eating and Drinking in the corridors and classrooms.

Dear Parents/Carers,

All students are allowed in their form room during break and lunchtime, however students are not allowed to eat or drink in their form room. Students are aware of the school code which is displayed in each form room that states that they are not allowed to eat in classrooms (including form rooms) or school corridors. There are clear, designated areas of the school where students can eat and drink and these include the dining areas located inside and outside of the school building within the school grounds.

Thank you for your support with this and your support in all other school matters.



Sanctions to be applied:

- ◆ If a student is found to be eating and drinking in an area of the school not designated for eating or drinking, her conduct card will be signed.
- ◆ If a student is found to be eating or drinking in her form room at break or lunch time, her conduct card will be signed and she will be banned from the room for two days. On one of the days she will be required to spend her lunchtime in the duty room.

Garden Club

A huge thank you to all our helpers on Saturday for clearing the allotment for this seasons' growing.

Ms Dominique



Faculty News

Language and Learning Development (LLD)

Challenge Activities

Many students have taken part in 'Challenge Activities' run by the LLD Faculty. They have enjoyed designing different things like pie charts, shoes and jars for a mini-garden project. The girls had a lot of fun decorating their work, coming up with new ideas and supporting each other. 'Challenge Activities' have been a great way for the girls to have fun and spend time with their friends.



Homework Club

The homework club run by the LLD Faculty is very popular. The girls complete tasks and homework given at school in a safe and supportive environment with access to iPads and other technology. They are supervised by staff who help students with their work. Students work in groups and pairs but also independently. The club takes place every lunch time and many students attend on a regular basis. We encourage our students to use different resources including books and computers, in order to support their learning and improve their revision techniques. Homework club is a great way of strengthening our students' learning.



Mathematics Challenge

PUZZLE OF THE WEEK

A free international puzzle competition for schools

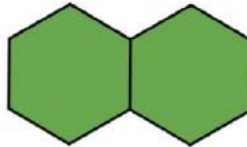


Entries open: 06/05/19

Entries close: 12/05/19



Heather can make two connected hexagons by drawing 11 lines.

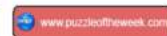


What is the minimum number of lines Heather needs to draw 12 hexagons?

Extension: What numbers of hexagons are the most efficient to draw and why?



Puzzle created by Andrew Sharpe



Copyright © 2019 Andrew Sharpe www.puzzleoftheweek.com All rights reserved

Ms Robinson
Challenge Coordinator

Lost Property

Reminder to Parents/Carers.

Please make sure all clothing, including P.E. kits, are clearly labelled. Blazers should be named with labels or in indelible pen.

Students are reminded that you can collect lost property at **3.30pm** every day. Parents and carers may also collect lost property on **any day after school**.

All lost property will be **removed** from the box on the last day of term.

Ms Jolliffe
Student Services





WALTHAM FOREST
LONDON BOROUGH
OF CULTURE 2019

Dear Parents and Carers,

I will be taking part in the **E17 Art Trail** as an exhibiting artist this year. My paintings, under the show title of **Draw, Paint, Teach, Repeat** will be shown at venue 71B, which is **Walthamstow Central Library**, on the **Central** part of the Trail.

There are paintings based on our school including Art Lessons, the Greek Temple, the Orange Sofas, the Steel Panners and other aspects of the school and its students.

There will be many artists exhibiting as well as events taking place from **1st-16th of June**, all over E17.

The guide is online now and here's the link:

<http://e17arttrail.co.uk/>

Ms Hepworth
(Art Teacher)



School History

I came across this delightful little poem in the 1954 copy of the *Iris* school magazine. For those who do not know, a G.C.E was the exam taken at the time.

Ms Kelly

LRC Manager

On the School Motto

*A budding Shakespeare you may not be,
Nor yet a potential B.Sc.,
But do not despair,
For the talent is there,
So Neglect not the gift that is in thee!*

*If a doctor or linguist you would be,
Or even a lawyer-perhaps an M.P.
Neglect not your Chemistry,
Your Maths., or your History,
Neglect not the gift that is in thee!*

*Take heed of the above lines written by me,
If you would obtain your G.C. of E.,
Neglect B.B.C.,
And also T.V.,
But Neglect not the gift that is in thee!*

Joy Waugh, 4H.



*Feel
Good*



*Aquathlon
Training
RUN + SWIM*

THURSDAY 27TH JUNE & THURSDAY 4TH JULY
5.30PM - 7.00PM
FAIRLOP WATERS ROWING CLUB

OPEN FOR ALL

Y7 - Y11

REGISTER NOW!

FEEL.GOOD@WALTHAMFOREST.GOV.UK



LETMEPLAY
 SPORTS, EDUCATION
 & POSITIVE ACTIVITIES
www.letmeplay.co.uk

RESIDENTIAL SUMMER CAMPS 2019

LOUGHBOROUGH UNIVERSITY



27th July - 1 August
AGES 10-21



10th - 15th August
AGES 10-18



3rd - 8th August
AGES 10-18



- Coaching from experts and industry professionals
- Masterclasses in technique and skills
- State-of-the-art facilities
- An intense but fun opportunity



Book Now: letmeplay.campbrainregistration.com
letmeplay.co.uk • info@letmeplay.co.uk • 020 3475 7511

CHECK OUT OUR VIDEOS ONLINE: [YOUTUBE.COM/LETMEPLAYSPORTSCAMPS](https://www.youtube.com/letmeplaysportscamps)

School Calendar Dates 2018-2019

Summer Term 2019

Tuesday 23rd April 2019 to Friday 19th July 2019

Monday 13th May—18th June GCSE Examinations Year 11

Wednesday 15th May 2019 Early school closure at 2.30pm for Staff Training

Half Term: Monday 27th May 2019 to Friday 31st May 2019

Monday 3rd June— 28th June Year 10 mock examinations

Monday 1st July 2019 Early school closure at 2.30pm for Staff Training

