



GREENSHEET



No. 29/19

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22 May 2020

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Week 'B'



LOCKDOWN ISSUE 5

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Headteacher's Message

Dear Parents and Carers,

After half term school will continue to facilitate childcare for the daughters of key workers. As I mentioned to you last week, we will be following government guidance and inviting in a very small number of Year 10 students who have had difficulty accessing their GCSE work remotely. These sessions will be designed to help students catch up on work missed. Please note that this will be by invite only as school remains otherwise closed during this lockdown period.

We have a very full edition of the Greensheet this week, thanks to some fantastic contributions from students and staff. Our younger students have submitted some excellent responses to tasks set in Humanities and Art, adorning cakes in aid of VE Day and adorning themselves with outfits resembling their favourite artists. Our Year 9 and KS4 students continue to work diligently, demonstrating their self-motivation and independent learning skills, and as a result have been awarded 'Lockdown Legend' status by GCSEPod for being in the top 10 schools using the educational app. Well done to all of our students!

Also included in this week's edition are some extracts from the recently launched Diversity Magazine. This is an English Faculty based initiative where students devise and submit articles on a range of topics, on top of the work they do in their

lessons at school. For those wanting to extend their learning, there are a range of resources included in each Greensheet from Oak Academy and Accelerated Reader to Speakers for Schools virtual talks. Students are also encouraged to submit articles, which can be drawings or writing, to the Greensheet.

Finally, I would like to wish everyone an enjoyable bank holiday weekend, and to remind our parents/carers that students will not be set any work next week due to the half term holiday. As this weekend also marks the end of Ramadan for our Muslim friends, I would like to wish you all a happy Eid. *Eid Mubarak!*

Ms M Davies
Headteacher

Additional E-Learning Resources

Oak National Academy: <https://www.thenational.academy/online-classroom>

BBC Bitesize: <https://www.bbc.co.uk/bitesize>



GCSEPod



Well done to all of our Year 9 and KS4 students who have been using GCSEPod during the lockdown to build upon their subject knowledge.

We have been awarded as one of the top 10 highest users of the week.

Keep up the great work and let's see if we can make the top 10 next week!

Congratulations!

Ms Davies
Headteacher

Faculty News

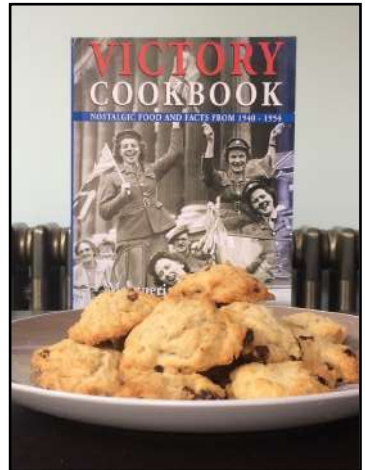
Humanities Students Celebrate VE Day

From Monday 4th May to Friday 8th May, KS3 Humanities students were provided with a variety of tasks that they could complete to celebrate the 75th anniversary of Victory in Europe Day. These activities ranged from watching videos and carrying out research related to the event, to designing their own bunting or baking a VE day themed cake!

There were some fantastic efforts by students across the year groups and a selection of pictures can be seen below:



Zahra, Year 7



Billie, Year 7



Selin, Year 7



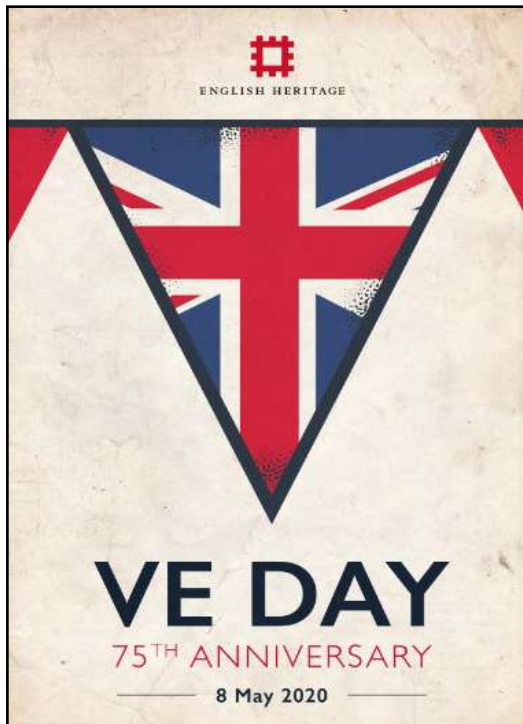
Anna, Year 8



Che'nye, Year 8



Amna, Year 8



Mathematics

PUZZLE OF THE WEEK

This week's puzzle - and the archive of previous week's puzzles - [can be found here](http://www.puzzleoftheweek.com).

<http://www.puzzleoftheweek.com/results/school-results>

The screenshot shows the 'Puzzle of the Week' interface. At the top left is the logo. To the right, it says 'Entries open: 18/05/20' and 'Entries close: 24/05/20'. There is a QR code and a 'Puzzle number 129' badge. The puzzle consists of several equations:

$$N + 2 = T - I$$

$$(R + I) / 2 = T$$

$$D + I = 7$$

$$D = R - 3$$

$$2 \times G = D$$

$$2 \times D = P$$

$$10 - P = 2$$

$$S = G \times I$$

$$E = I \times 3$$

$$R - S = H$$

Below the equations, it asks: 'What is the RIGHT number?'. At the bottom, there are social media links for '@puzzleoftheweek' and 'www.puzzleoftheweek.com', and a credit line: 'Puzzle created by K. Romero'.

Ms E Kelly
Maths Faculty

Accessing Accelerated Reader from Home



To log on to Accelerated Reader from home you need to follow this link -
<https://ukhosted56.renlearn.co.uk/2243312>

Please ensure that the link at the top of your computer screen is showing ukhosted56. Some of our computers at school revert to ukhosted46 or other numbers, so try to check that the link is showing 56.

You can log on via Google Chrome, or if your computer is blocking the site, try via Internet Explorer. If a student is having problems logging on, I can be contacted on the following email -info@wsfg.waltham.sch.uk.

I hope you and your family are all well.

Mrs Kelly
Learning Resource Centre

Accelerated Reader Quizzers



Well done to all these students who have quizzed during lockdown. It is great to see that they are using their time so productively to keep up with their reading.

Mrs Kelly

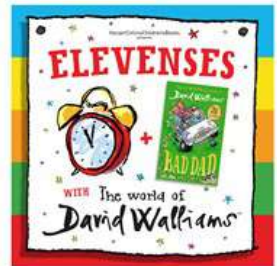
Learning Resource Centre

**Aaliyah J Abrish Alayna Alexis Alice Ayomide Billie
 Bonnie Deya Evie Skye Eliza Faith Faye Fiza Grace
 Haniya F Hannah Hira Imogen Iqra A Isidora Isla Isma A
 Isra Isobel Jathusha Jia Jodie Khadeejah S Laiba Lily H
 Mahnoor Maisie Malina Manahel Maria Marni Martha
 Maya B Maya G Maya S Mia B Mia C Mia D Michaela
 Miray Mya Myla Nayab Nicole Nour Nusaybah M
 Roisin Samanta Sara Q Sena Sienna Sky Sofia
 Sophia Stella Sumayyah Syd Yossra Zara F
 Zulaikha**

Elevenes with The World of David Walliams

For all those Walliams fans out there, log onto this link at 11 a.m. to hear him read extracts from his books. I have just listened to *Bad Dad* and thoroughly enjoyed myself. Maybe now, I will try to take an AR quiz too!

Enjoy,
Mrs Kelly
Learning Resource Centre



<https://literacytrust.org.uk/family-zone/9-12/listen-and-watch-9-12/>



Literacy trust



Zone In

In response to school and college closures, we've created Zone In for students aged 13+. The free online portal is packed with fun activities and resources to help young people improve their literacy during lockdown.

Top beauty blogger [Rosa Galagher](#) launched the site with an exclusive video. Brand new content is added every week, with video tutorials, reading challenges, CV writing tips and much more.



Family Zone

Our new online platform Family Zone has weekly author exclusives, free books and videos and has helped over 200,000 families during school closures.



Literacy in lockdown surveys

We've launched two surveys to find out more about children's literacy during lockdown. Parents and young people aged 8-18 can share their experiences.

Visit Family Zone

For schools

Schools can now access [Skills Academy for free](#) during the COVID-19 period. The reading intervention for KS3 students is packed with freestyle football, breakdance, and beatbox-themed content.

Teachers can now request a [free digital copy](#) of our [Gangsta Grammar](#) comprehension workbook for mainstream and excluded students.

Take the survey

Support our work

As a charity that exists to change the lives of disadvantaged children through literacy, [2020](#) never been a more important time for our work.

You can help us support children and families through this crisis and beyond by [contributing to our COVID-19 fundraising drive](#).

"Without our support, the nation's poorest children will fall even further behind in their education and their emotional wellbeing will suffer."

Jonathan Douglas, our Chief Executive, shares how we're responding to the COVID-19 crisis in the [new blog](#).

Latest literacy news

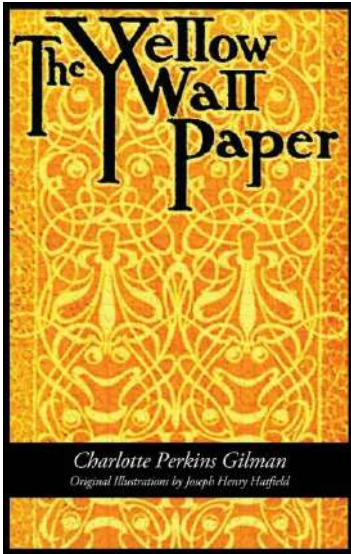
[Stoke Reads launch a story tell inspired by Robbie Williams](#)

[Book the Nottingham square bookish competition for 9-14 year olds](#)

[Family Zone hosts "The Book of Hope" by Katherine Tegen](#)

English News

The Yellow Wallpaper Review



The Yellow Wallpaper is a short story written by Charlotte Gilman and details the time a woman spends in a sort of holiday house with her husband during which she is mentally ill. It explores themes of loneliness, isolation, feminism and medicine.

The main character, whose name is not consistently clear, is confined to a room in the house in which she is supposed to recuperate from her illness (likely a form of depression). She is advised by her doctor-slash-husband – who is barely ever present with her – that visiting people and taking walks in the grounds will only make her condition worse. During her time there she consequently studies the yellow wallpaper in the room, which she finds suffocating and confining, and writing a diary.

The story gradually becomes darker when she describes a woman "hiding" in the wallpaper, "creeping" around, and finds strange markings on the walls of her room.

The author based the Yellow Wallpaper on her experience of male doctors and the advice she was given when she was really ill, which not only didn't help but made things difficult for her during that time.

M.C.
Year 10



Diversity News

EARTH DAY
 – WEDNESDAY 22ND APRIL 2020

Irisi 11G

"Fight today for a **BETTER** tomorrow"

- Each year on April 22, millions of people celebrate this important day to protect the planet.
- In order to raise awareness on key topics such as pollution (something introduced into the environment that's dirty and has a harmful effect) and deforestation (the action of clearing wide areas of trees.)
- People involve themselves in activities such as picking up litter or planting trees so that everyone can live in a much healthier and cleaner atmosphere.



BUT HOW CAN YOU HELP???

- Plant trees: They absorb carbon dioxide and release oxygen so that you can breathe, unfortunately approximately 13 billion trees are cut down each year globally.
- Turn off your lights: Most electricity comes from fossil fuels (coal, oil or natural gas) which contributes to climate change (significant changes in global temp, precipitation, wind patters and other measures of climate that occur over several decades.)
- Spread awareness: Most of you teenagers have social media which is a great way to connect to your friends and family to share some tips and advice.
- Limit your water usage: Clean water is in fact quite scarce, with less than 1% of water on Earth that can be used by humans. Try turning off your tap when you brush your teeth or take shorter showers next time.
- Dump plastic: Drink from a refillable water bottle or place your lunch inside a reusable container. Over eight million tons of plastic pollution ends up in the ocean EACH YEAR!!!

- Alabama, USA: Children involve themselves in planting a butterfly garden at the Graham Creek Nature Preserve
- Hungary: Bicyclists ride across Elisabeth Bridge across the River Danube in Budapest.
- United Arab Emirates: Students use pedal power to make smoothies in Dubai meaning there's no need to rely on electricity for everything.
- Barbados: The island has created many establishments such as Carlisle Bay and Folkestone Marine Park to preserve the habitats of the island's marine life.
- Tahiti: Have practiced safe ecotourism and launched multiple sustainability and preservation initiatives, locations such as La Meridien Bora Bora preserves the local wildlife and fauna.

(photos sourced from Google & information from National Geographic)



RAMADAN 2020

APRIL-MAY



Ramadan is a sacred month for Muslims all over the world and this is because it is the month where the holy book was revealed.

As many people know, Ramadan is the month where Muslims don't eat or drink between sunrise and sunset- and this is called fasting (also known as sawm). During Ramadan, Muslims fast as an act of worship and to become close to God. It is also thought that fasting teaches self-discipline, empathy towards the less fortunate and to be grateful with what we have.

A typical day for a Muslim consists of waking up before sunrise to eat food and this is known as suhoor/satur/sunur (different spellings). They would then continue their day as normal and towards sunset, they would prepare their food to be eaten as soon as the sun sets.

At the end of Ramadan, Muslims celebrate Eid-al-Fitr; a day which marks the end of the holy month of Ramadan. This is only one of the two Eids which are celebrated and after this date, Muslims can make up any days which they not have fasted on by fasting for the amount of days that were missed during Ramadan.

Common questions about Ramadan:

1. Does brushing your teeth break your fast?

Brushing your teeth during Ramadan is perfectly fine, however you must make sure that you don't swallow anything.

2. Does every Muslim need to fast?

During Ramadan, not everyone has to fast. The people who don't have to fast are: Pregnant or breastfeeding women, the elderly, people who are travelling, children who haven't undergone puberty, people who have temporary or terminal illnesses and women who are menstruating.

3. Can you chew gum when you fast?

Whilst your fasting, chewing gum is not allowed because it will break your fast.

4. What if you accidentally eat or drink? Is your fast broken?

If you don't intentionally eat/ drink, then your fast is not broken and you do not have to make up the day later on.

5. Why does Ramadan always change dates?

This is because Ramadan is based on the lunar calendar which is shorter than the regular calendar we use- the Georgian calendar. Ramadan begins at the sighting of the new moon and it always the 9th month of the lunar calendar.

Images sourced from google images

AMAAL IOH

Lockdown Art Studies

Over the past few weeks I have been very impressed with the quality and creativity of many of our students.

Here is a collection of art from a range of year groups which show students responding to the tasks 'View from my Window' and 'Dress Up as a Famous Artist or Work of Art'.



Safa, Year 9 as Frida Kahlo



*Ruby-Tuesday, Year 7
as Frida Kahlo*



*Sadie, Year 9
as The Scream
by Edvard Munch*

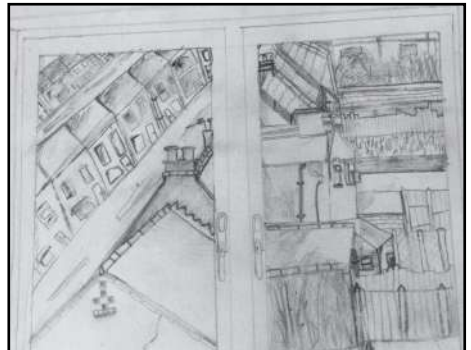
Frida Kahlo



Lara, Year 7 as Frida Kahlo



*Emira, Year 10 digital
view from my window*



*Lily, Year 8
View from my window*

Well done to everyone in all classes and year groups for creating such exciting submissions.

The ADT department have been happy to see such a lovely range of work.

Challenge News

If you are interested in finding out more about Higher Education, Meta-cognitive learning strategies, A levels, degrees and careers, please see below.

These ideas have been shared with us by our Schools Liaison person at the University of Oxford, Katy Lewis.

Key Stage 3 (Year 7-9)

- [Higher Education Explained](#), *Unlisted YouTube video*

Key Stage 4 (Year 10-11)

- [Meta-Cognitive Learning Strategies](#), *PowerPoint file with audio to be downloaded*
- [Subject Matters: A-Levels, Degrees, Careers](#), *PowerPoint file with audio to be downloaded*

Ms Robinson
Challenge Coordinator

P.E. News



Dear Students, Parents and Carers,

I hope you are well and staying safe.

As you may know, we had football coaches from Tottenham Hotspur running after school training sessions on Wednesdays for our students.

They asked us to share this message with you:

Please find a compilation of video messaged from Tottenham Hotspur players for our local schools to say that we are all thinking of them and in particular, a thank you for teachers who have still been working hard throughout this difficult time.

<https://youtu.be/T98CGcrpMo>

Ms Wood
P.E. Faculty

A Selection of School Memories



Waltham Forest NHS Sewers

I am one of a group of sewers in Waltham Forest who have been making 'scrubs' for NHS workers. We have been asked to make a panel for a quilt, to provide a record of the things that we have been doing during lockdown. The panel is 20cm by 20cm and although it is not up to the standards of the Bayeux Tapestry, it was fun to make. My theme was taken from the picture book, *'Guess How Much I Love You'* by Sam McBratney - you may recognise the rabbits from the book at the bottom of the panel.

Sewing for many people is a great way to relax and all you need is some fabric, scissors, a needle and thread. So, why not try one for yourself and start creating your own fabric record of how you are spending your time.

Best wishes to you and all your family.

Mrs Kelly
Learning
Resource
Centre.



Speakers for Schools

Here is next week's full [VTALK Schedule](#).

We've included add to calendar links to help you save the dates.
As it is half term for most schools, we are only running three events.
We hope you enjoy them!



WEEK STARTING MONDAY 25th MAY 2020

DATE	SPEAKER	INFO
Tues 26 th May 10am Add to calendar	Baroness Mary Goudie, Life Peer & Campaigner	Baroness Mary Goudie will be joining us to talk about her career and passion for tackling social injustices. Mary is happy to answer questions from students and looks forward to an interesting discussion!
Wed 27 th May 10am Add to calendar	Dr Wanda Wyporska Executive Director, The Equality Trust	Dr Wyporska will tell students her experience of being a young carer and how she got started in her career journey. Wanda will also discuss the topic of inequality in the UK.
Fri 29 th May 10am Add to calendar	Nick Boyle, CEO of Lightsource BP	Nick is the CEO of Lightsource BP, an innovative solar company, and will be joining us to discuss his own career and motivations, and provide insights into low carbon businesses and technologies.

HOW TO JOIN THE VTALKS

- Join 10 minutes before the VTALK to be ready
- You can join without needing an account – [Watch how here](#)
For full speaker descriptions visit the [VTALK Schedule here](#)

VTALK LIBRARY & MORE

Watch pre-recorded VTalks from our library [here](#)
Please see our [Schools Guide here](#).

From all of us at Speakers for Schools, we hope you enjoy the virtual talks programme!



**ONLINE
FRIDAYS
22.05–12.06
1st class 22.05
4–5.30PM**

AFTER SCHOOL CLUB

Join us for a free After School Reading Group guided by architectural designer and researcher Thandi Loewenson. We will explore the architecture of game-worlds, investigate how game space overlaps with 'really existing' space and unpack what Minecraft can teach us about design. This will involve designing and

MINECRAFT READING GROUP

building, exploring iconic Minecraft creations, watching short films and reading key texts.

This is an opportunity for 10 state school students (age 15-18)

SIGN UP VIA
school@storeprojects.org
www.storeprojects.org

Waltham Forest Music Service



ONLINE

B E A T S A N D B A S S

MUSIC PRODUCTION CLASS

LEARN TO PRODUCE GRIME, HIP HOP, HOUSE & AFROBEAT

NEW 6-week Music Production Course for age 11-16s

Access to online music production app.
Weekly guidance and feedback

Who? Waltham Forest Students aged between 11-16
When? June to July 2020

Cost for 6 weeks: £7.75 (50% discount on usual Music School fee)

For further details see these links:

Website

<https://www.wfmusicclub.org/>

Information page

<https://www.wfmusicclub.org/beatscourse>

Check if you have coronavirus symptoms

The symptoms of coronavirus (COVID-19) are usually mild, but some people can become very unwell.

Main symptoms

The main symptoms of coronavirus are:

- **high temperature** – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- **new, continuous cough** – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- **loss or change to your sense of smell or taste** – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

Most people with coronavirus have at least one of these symptoms.

Urgent advice: Use the 111 online coronavirus service if you have any of:

- high temperature
- new, continuous cough
- loss or change to your sense of smell or taste
- 111 will tell you what to do and help you get a test if you need one.

Use the 111 online coronavirus service

Call 111 if you cannot get help online. Do not go to places like a GP surgery, hospital or pharmacy.

Babies and children

Call 111 if you're worried about a baby or child under 5.

If your child seems very unwell, is getting worse or you think there's something seriously wrong, call 999.

Do not delay getting help if you're worried. Trust your instincts.

Get more advice about [coronavirus in children](#).

Staying at home if you have symptoms (self-isolation)

If your symptoms are mild, NHS 111 will usually advise you and anyone you live with not to leave your home. This is called self-isolation.

- Anyone with symptoms should self-isolate for 7 days from when their symptoms started.
- Anyone who does not have symptoms should self-isolate for 14 days from when the first person in your home started having symptoms.

Read more about [self-isolation if you have symptoms of coronavirus](#).

Coronavirus (COVID-19)

[What to do if you or someone you live with has symptoms of coronavirus](#)

[Testing for coronavirus](#)

[People at higher risk from coronavirus](#)

[Coronavirus in children](#)

[Social distancing advice and changes to everyday life because of coronavirus](#)

[Links to more information about coronavirus](#)

Page last reviewed: 18 May 2020

Next review due: 25 May 2020