HRSE	Term 1	Term 2	Term 3
7	Respectful relationships	Intimate and sexual relationships	Personal safety
	What makes a good friend?	What are the qualities of a healthy relationship?	What is discrimination?
	How to manage challenges in friendship	Introducing consent	Public Sexual Harassment
	Is it bullying?	Self worth	
			Co-Constructed lesson
8	Respectful relationships	Intimate and sexual relationships	Being safe
	What are stereotypes about girls?	How to manage conflict in relationships	What influences my decisions?
	What is gender based discrimination?	Assumptions about consent	How can I resist peer pressure?
		Sexual Orientation	
	Families		Online and media
	What are the roles and responsibilities of a parent?		What is sexting?
9	Respectful relationships	Intimate and sexual relationships	Being safe
	What is homophobia?	Managing pressure	How to build connections
	How do I show respect?	Consent	How to get over a break up
	What is conflict and how does it escalate?		
		Sexual Health	Online and media
		What contraception is available?	Possible consequences of online behaviour
10	Respectful relationships	Intimate and sexual relationships	Being safe

	What is employment discrimination? How do I give and get respect?	What are different types of long term commitment?	How do I prepare for work experience?
		Sexual Health	Online and media
	Families How do I cope with change?	What are my options in the event of unplanned pregnancy? How to prevent STIs	Impact of viewing porn
11	Respectful relationships	Intimate and sexual relationships	
11	Respectful relationships Extremism	Intimate and sexual relationships What is abuse?	
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11	Extremism	What is abuse?	
11	Extremism Disability Equality	What is abuse?	